

HOPE Cape Town strives to improve the quality of life and full potential of children and families affected by HIV, AIDS and related illnesses through its work in the Western Cape



Annual Report 2014/2015

Board of Trustees HOPE Cape Town Trust 16/05/2015

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Address of Dr Bernd Rinnert - Consul General of the Federal Republic of Germany in Cape Town

Dear Readers

As the new German Consul General in Cape Town it is my honour to introduce you to the Annual Report 2014/2015 of the HOPE Cape Town Trust.

As a newcomer in July 2014 I soon became aware of the work of HOPE

Cape Town. When I looked into the organisation in more detail I was very much impressed by its scope of activities and the dedication of its key role players, its staff and all the other stakeholders. Meanwhile its reputation has reached such a high level that visiting HOPE becomes a must when we arrange programmes for high-ranking German visitors from parliament or government.

From my own experience as a former board member of a small German relief agency helping Bosnian women traumatised by the war in former Yugoslavia, I do know that government agencies can do a lot to help those in need, but do not always act in a comprehensive way. This is even more true under the present conditions in South Africa where HIV and AIDS infection rates are still high with no immediate solution to the problem on the horizon.

Through its multifaceted programmes HOPE Cape Town over the last few years brought not only hope to those in need but, more importantly, concrete help and support to improve their day to day life. HOPE therefore deserves any possible support sponsors can provide.

In a country currently plagued with slow economic growth, load shedding and increasing xenophobia, prospects for a brighter future in general and, ever more so, in the fight against HIV and AIDS seem bleaker than before. Yet, giving up is no solution.

Taking into account the government's limited health resources it becomes increasingly important to find the necessary funds from private donors to ensure that the dedicated work of the whole HOPE Cape Town community can continue in a sustainable way.

I wish the staff of HOPE Cape Town, partner organisations and the many supporters in South Africa and in Germany success for all future endeavours.

Dr Bernd Rinnert

6 May 2015

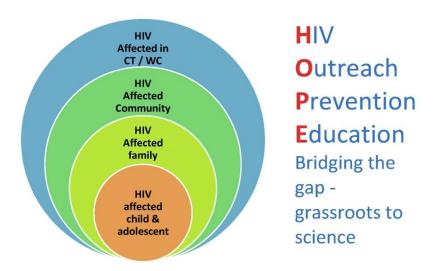


1 Report of the Chairperson

The Purpose of the Trust

The 2014/15 business year has been a busy year for HOPE Cape Town with many challenges, but we can have indeed pride and confidence in HOPE Cape Town as an organisation continuing to consolidate the growth experienced in recent years and to develop new paths in streamline our core function:

HOPE Cape Town strives to improve the quality of life and full potential of children and families affected by HIV, AIDS and related illnesses through its work in the Western Cape of South Africa



Our task as the HOPE Cape Town Trust remains to secure the future and sustainability of HOPE Cape Town Association and HOPE Cape Town as such and to safeguard the financial stability of the organisation as such.

Development - and at the same time, honouring our original vision and our grassroots proximity to the reality of HIV and AIDS in South Africa this ninth report of the HOPE Cape Town Trust is a welcome time to review the accomplishments of the past year and to highlight again the focus and faith of HOPE Cape Town: people — the people within HOPE Cape Town, the people in the communities we work in, the partners, the sponsors and the volunteers, who all constitute the HOPE Cape Town Community.

The HOPE Cape Town Trust was launched in Cape Town, South Africa in May 2006 at our annual fundraising event, the Ball of HOPE. After many years of successful public and private partnership with a diversity of stakeholders including committed Government entities, organisations, businesses and individuals in South Africa and Germany, the bold decision to form a Trust to ensure the sustainability of the HOPE Cape Town Association was taken. This step is evidence of a shared commitment to the future of HOPE Cape Town predicated on our strong belief in the fundamentals

of the organisation and the resolve to support this undertaking by the volunteer Board members of HOPE Cape Town Association, the staff and, of course, our Trustees.

The goal of the Trust is, as previous said, to ensure the future of HOPE Cape Town's work and, thus, the continued delivery of effective services and programmes in the years to come. Marketing and Fundraising are the tools to support the "working horse" of HOPE Cape Town, named the HOPE Cape Town Association.

HOPE Cape Town has dramatically grown from the very first contact with Tygerberg Children's Hospital and the placement of the first HOPE Community Health Worker (HCHW) in Mfuleni at a time when Sister Pauline Jooste, our Outreach Coordinator, was the Clinic Facility Manager. Today 22 HOPE Community Health Worker positions are spread throughout the greater Cape Town area and 35 employees are working combined for HOPE Cape Town.

Throughout this time, HOPE Cape Town has continued to uphold and to share our vision to address the reality of HIV, AIDS and TB in the Western Cape Province and to protect the rights of individuals to know their status, access treatment and obtain quality information in a confidential, accepting environment. We believe individuals have the duty to be active in their care and prevention of further infections.



Continued Sustainable Directions for HOPE Cape Town

Based on our solid work within the Western Cape Province and the internal emphasis on consolidation, evaluation and meaningful development has led to the recognition that HOPE Cape Town has the potential to make a serious contribution in the fields of Paediatric HIV. Our relationship with the Faculty of Medicine and Health Sciences of the University of Stellenbosch has developed into a working partnership and a new MOU was signed. Also the question of a formal rental agreement with the University of Stellenbosch was resolved and a three years contract signed. HOPE Cape Town continues with the Tygerberg Hospital research unit KID-CRU to offer community based Student Electives for academic credit, which has been running very successful since the beginning of 2008. HOPE Cape Town is also advancing into other fields of academic collaboration with the continuation of projects in the domains of e-learning and counselling. Initiatives like this set HOPE Cape Town on the route to sustainability while capitalising on our strengths in education and training. At the same time HOPE Cape Town is monitoring and evaluating the concept of HOPE Community Health Worker to strengthen the core function which should be the HIV affected child & adolescent.

During the reporting year the following developments within HOPE Cape Town are worth noting:

Clinical Work

HOPE Cape Town involved in the running of the Paediatric ARV Clinic at Delft Community Health Centre (CHC). We work with a doctor from the Infectious diseases clinic at Tygerberg Children's Hospital and together we see approximately 25 children every Friday. These children have many medical and social problems and require our expertise as well as compassion and understanding. Each consult is treated as a unique time with the child and their family. If any specialist treatment is required, we have a good working relationship with Tygerberg Hospital and we can access the necessary care. We also have on site, two of our HOPE Community Health Workers (HCHW) who often know the families well and can follow up on any social needs as well as conduct home visits where appropriate. In 2014 the HOPE doctors played an instrumental role in improving the booking and defaulter recall system, thereby ensuring that more children remained in care.



Research

The HOPE Cape Town trust receives dedicated research funding from a European Trust. This enables us to conduct our own research and also to co-finance research studies in the paediatric HIV field.

Two research projects were completed during 2014 by the HOPE Cape Town.

Our research project: "A Model of Care- Community Health Workers reduces the incidence of HIV virological failure in township children on antiretrovirals (ARVs)" were completed during 2014. This research project investigated reasons why children fail on anti-retroviral therapy at the Delft Community Health Centre. The work was qualitative and quantitative, and involved a review of all the folders to determine the failure rate, and interviews with staff, caregivers and children. A poster of this research was presented at the SA HIV Clinician's Society Conference 2014. A number of practical suggestions resulted from this work, some of which are currently being implemented at the Delft Clinic. We would like to formally publish this work in 2015.

The other project assimilated all our resistance testing data from 2011-2014 and analysed it to document the different resistance mutations and their frequency of occurrence. This information is vital to guide clinical management of children, especially now as resistance testing is becoming accessible as part of standard of care in South Africa. This poster was presented at the Stellenbosch University Academic Day 2014.

We currently are co-funding the following research studies:

- "Swallowing disorder in HIV positive children" by Dr Etienne Nel
- "Neurodevelopmental study in HIV exposed children" by Dr Cilla Springer



Child and Family Support Program

This project has been made possible through funding received from BILD "Ein Herz fur Kinder". It has a major impact in the communities that we serve – providing scarce human resources at community level where it is need most.

Service	Detailed activities
Resistance Tests	HOPE Cape Town perform 46 HIV genotypic resistance tests on paediatric HIV positive children who had either;
	failed first line ARV treatment
	failed second line ARV treatment failed the appropriate of control and the second second for a second se
	failed the prevention of mother to child transmission program (PMTCT) and found to be HIV positive in the first four months of life.
	first few months of life
	These tests enable the attending doctor to make a scientific informed choice as to whether to switch the child from their current failing regimen to a new one or whether to leave the child on their current regimen. These vital tests take the guess work out of the doctors' hands. Of these 46 tests done, 89% showed some degree of resistance to one or more of the ARVs.
	of these 40 tests doile, 85% showed some degree of resistance to one of more of the Artys.
Child sponsorship	We supplied 250 Cooler bags to children using Antiretroviral treatment to keep their treatment clean and safe. As part of our support program we sponsored school fees / clothes; hearing aids, reading glasses and other specialised treatments and equipment for a number of HIV positive children.
	We also sponsored the flight tickets for a child requiring a liver transplant in Johannesburg.
Nutritional support	Community Gardens:
	We have assisted in the training of farmers and establishing of community food gardens at Elsie's River Clinic, Sir Lowry's Pass Crèche, Sir Lowry's Pass Soup Kitchen, Manenberg Aftercare Centre, Ned Doman High school and Primrose Primary School Dietician:
	Our dietician ran "healthy eating" workshops for mothers in Blikkiesdorp and Tygerberg Hospital.
	We also hosted a weeklong "First 1000 day nutritional campaign" in Blikkiesdorp. Through lectures and interactive
	workshops mothers where made aware of the importance of nutrition during the first 1000 days of a child's life – from conception to his/her second birthday. The campaign was very well received and is in line with the health priorities of the South African Department of Health and UNICEF.
Occupational	The GO Box Programme is a caregiver-implemented home-based early childhood development intervention for children
therapy services	with HIV and their caregivers it is facilitated by an occupational therapist. Caregiver-child pairs were recruited via the Tygerberg Infectious Diseases Clinic.
	The age bands of the groups are as follows: 6 months - 2years 11 months, 3 years – 5 years 11 months and 6 years to 8 years.
	Each age group attended ten group sessions held once monthly. At each session about 40-45 minutes was spent with the caregivers introducing a specific skill/skill set forming the focus of that session. The skills covered in the programme included Gross Motor, Fine Motor, Visual Perception, Numeracy and Language/Literacy skills.
	The caregivers were provided with a GO Box (a take home tool-kit) in which various materials were provided to allow them to engage in the group activities at home.
	In the second part of the session the children joined the group. In this part of the session the caregivers were given the opportunity for practical application of knowledge and activity ideas discussed in first part of the session During 2014 – 2015 we've had 4 groups who graduated through our GO-box program.
Social work services	Our contracted social worker is per forming individual play / filial therapy for Children; counselling for parents. She is
Social Work Services	also facilitating group therapy.
	We currently offer Social work services in Manenberg, Blikkiesdorp, Sir Lowry's Pass Crèche, St Joseph's Home for
	chronically ill children and the ARK – City of Refuge.
	In December 2014 our social worker assisted 17 grade 1 students to be accepted into the schooling systems. These are
	children where the parents where previously unable to enrol their children in school which resulted in children not
	accessing school – the oldest child who we managed to get accepted into school for the first time will turn 10 this year.

HOPE Community Health Workers

We currently employ 22 HOPE Community Health Workers (HCHWs) based at healthcare facilities in 20 low income communities and a registered nurse who supervises them. Our HOPE Community Health Workers increase the capacity at the health centres significantly in respect of ancillary medical treatment and care and they also provide awareness and training services within their communities. Our HCHWs act as champions for HIV counselling, testing, treatment and adherence in the health care facilities where they work, with the focus on paediatric / adolescent patients and their families.

Community Impact of Health Workers Interaction for 2014 (direct contacts)				
Children seen from birth to age 12	77792			
Teenagers seen from 13 to age 19	21799			
Adults seen	160694			
HIV tests done	10424	(Positive 745)		
TB tests done	11448	(Positive 1382)		
Total number of clients seen	282157			

HOPE Community Health Care Worker Training

The aims of the 2014 training program for the HOPE Community Health Workers (HCHWs) were as follows:

- To provide a varied and interesting program to upskill HCHWs who "fill the gap" in their various facilities
- To assess the knowledge gained by the HCHWs on a regular basis, and to evaluate the program at the end of the year
- To present a program driven by the needs of the HCHWs
- To utilize freely available expertise within the Stellenbosch academic community
- To run the program with minimal cost to the Association

The program consisted of a number of components:

- UNISA HIV Care and Counseling 6 months
 - o 2 HCHWs completed this course in 2014
- UCT Health Literacy and Advanced Counseling Course 2 years
 - 10 HCHWs were enrolled in the above course, and attend training at UCT on a weekly basis
 - All 10 HCHWs passed their end of year exams, and are now enrolled in Year 2
- HOPE in-house training
 - Occurred monthly for a full day
 - o Training was divided into Health Literacy, TB/HIV and Life Skills modules
 - Subjects covered included the following:

- Tuberculosis
- PMTCT
- Breastfeeding
- Managing your money
- HIV testing and tour of virology labs
- Clinical skills workshop
- Paediatric HIV with case studies
- The spiritual me at work
- Paediatric ARVs
- Basic anatomy for health care workers
- Alcoholism and drug abuse
- Motivational talks by Simon Hurry of the Rework Consulting Agency
- Early childhood development
- Rape and the care of rape victims
- Hypertension and cardiovascular disease
- Salt and your health
- HIV and STIs
- Presenting yourself professionally
- Parenting
- HIV and ethics
- HCHWs were assessed twice during the year, via a short written test. All passed the test, though some needed a second attempt!

The training was extensively evaluated via an anonymous questionnaire.

- E-learning
 - All HCHWs received Samsung Galaxy tablets, generously sponsored by the German Embassy



In 2014 these were used as document repositories, and loaded with flipcharts, guidelines, educational videos, photographs and other tools useful in patient education and care. All in-house training material was also loaded onto the tablets.

Tygerberg Children's Hospital and Ithemba (HOPE) ward

The Ithemba ward is situated at G7 in Tygerberg Children's Hospital. Historically only children who were HIV+ were admitted to this ward for specialised health care. The Ithemba ward has been the base of our operation since the early days of HOPE Cape Town, and we still have offices attached to the ward today. The management of HIV+ children has however changed to a more integrated approach and we have now extended our services to HIV+ children admitted throughout the hospital.

HOPE Cape Town facilitates and assists with the care and treatment of HIV infected children and adolescents in the Tygerberg Children's Hospital as well as with the support of the patients' mothers and caregivers.

HOPE Cape Town's Designation in Tygerberg Children Hospital and Ithemba Ward

Patient and Caregiver Support

Patient and Caregiver Support				
Psycho-Social Support				
Counselling and Information		Social Support		
 Orientate parents and child procedure & address concern: 	rientate parents and children about ward Provide toys / books to keep patier cocedure & address concerns entertained			
 Provide counselling to parents and children in the ward (e.g. newly diagnosed HIV+ children, or children newly initiated on ARVs) 		Arrange birthday celebrations for the ward patientsArrange annual Easter and Christmas parties		
 Provide health information 	to parents and	for the ward patients		
children via discussions an identified by medical perso	•	 Provide / facilitate opportunity for mothers to take some time to relax and interact with 		
issues in the ward (e.g. hygi		other mothers		
control, HIV/TB)		 Facilitate skills training sessions for parents and older children, such as beadwork training 		
Practical Support				
Nutrition		Hygiene		
Provide parents and children	with nutritious	Provide parents and children with toiletries as		
food as donations allow e.g.	, a yoghurt or a	required		
peanut butter sandwich		 Washing machine and tumble drier supplied 		
Provide families in need with food parcels at		for parent's clothes		
discharge				
 Microwave oven and kettle su 	pplied			
Clothing / Blankets	•	Toys		
 Provide parents and children 	with clothing	Provide children with comfort items (theirs to		
Provide extra blankets as required		keep)		
Staff Support		<u> </u>		
Medical	Administrative	Morale		
■ HOPE Cape Town Doctors	Make copies	Donation towards ward staff		
attend weekly IDC meeting	Send faxes	year end function		
to assess needs		,		
Provide the funding for				
Paediatric ARV Resistance				
Testing				

HOPE to Home

Although this exciting new project will only be officially launched in mid-2015, we piloted the program in 2014 as a trial with much learnt and gained from this initial phase.

HOPE Care & Support Coordinator Sonia Daniels and Community Health Worker Mariam Roelofse have been driving this project in 2014 with the introduction of Dr Jayne Cunningham as the team leader in January 2015. They are ideally based in the HOPE Cape Town office in G7 ward of Tygerberg Hospital (TBH).

This project aims to bridge the gap and provide extra psychosocial support to children who are admitted to Tygerberg hospital either having;

- recently started ARVs or TB treatment or
- defaulted their ARVs/TB medication or
- a detectable viral load.

These children and their caregivers will be assisted whilst in hospital and with their transition back into the community.

When a child and caregiver have been seen, the HCHW places a feedback form into the file with relevant information documented for the medical team to see.

Once the child has been discharged from TBH, one of the HCHWs phones the caregiver a week later and asks them standardised questions to see how they are doing with giving the child the correct medication and ensuring that they know when and where to go to for continued care. In certain cases, if the child lives in an area where one of our HCHWs works, a home visit may be arranged. This can only be done however with the consent of the caregiver.

All caregivers are given the HOPE Cape Town cell phone number should they want to call during office hours for advice. Often when children return for a follow up at TBH, they pop past the HOPE Cape Town office in G7 to greet Sonia and Mariam.

Our team is also asked regularly to have informal meetings with the caregivers and to give them advice on basic health, hygiene and HIV.







NEWLY DIAGNOSED

- Counselling and support after testing Arrange testing for parents/ caregivers, siblings, family members Practical support during admission (toiletries, clothing, toys etc.) Psychological support to caregivers with critically ill children

INITIATING TREATMENT

- Counselling and supportBasic ARV readiness training for
- Training and assistance with administering medications
 Practical support during admission
 Clarify follow-up plan with hospital staff

ADHERENCE ISSUES

- Counselling and support
 Repeat of ARV readiness programme
- Assist caregivers with age appropriate disclosure
 Home visit

- Clarify follow-up plan with hospital staff





Home visit done if caregiver is willing to receive visits

- Discuss health, ARV, social and any other concerns

 Ensure caregiver knows how to store and administer medications

 Check compliance

 Counsel child and caregiver as necessary

 Review HIV/ARV knowledge



- Accompany patient (as necessary) through records, counselling, weighing doctor visit, pharmacy Counselling and Information as per home visit if home visit not possible

Awareness, Training and Prevention

HOPE Cape Town offers short-term HIV and AIDS awareness training to local organisations and companies, churches, community forums as well as to schools. This forms part of our HIV prevention programme.

We also have an elective student programme in close co-operation with KID-CRU, the Tygerberg Hospital Children's Infectious Diseases Clinical Research Unit, where we take in international medical elective students for a two week period. During this time, the students are exposed to all aspects of HIV as it pertains to the South African context. This is a unique opportunity to learn about not only the HIV/AIDS pandemic but also the culture of a foreign country! We hosted 7 international students in the period covered by the annual report.

Additionally we offer a volunteer program, where individuals from around the globe commit 3-12 months of their time to assist us in service delivery. They have the opportunity to get in-depth first-hand experience in the various aspects of our NPO, as well as knowledge in the field of HIV related issues. Our volunteers describe this program as a "life altering experience".



Blikkiesdorp Community Project

This project is sponsored by our long term funders "HOPE and Future e.V."

As one of but a few sustainable community projects in this marginalised community, our Blikkiesdorp community project continues to have a positive impact on the resident's lives.

Working in this community is challenging because of the high levels of crime and our container village has been burgled quite a number of times in 2014 and our electricity are regularly disrupted because of cable theft.

Current projects include:

- Community garden
- Soup kitchen
- Cooking classes
- Nutritional workshops
- Social worker sessions
- Computer literacy classes
- Crafts workshop and social group
- Outreach of a local health care facility providing family planning and well-baby clinic services
- Support for the local soccer team Blikkiesdorp united

HOPE Cape Town Children's Christmas Party

All children attending the HOPE Cape Town Children's Christmas Party at the Delft Community Hall on 28 November 2014 had a great time. They thoroughly enjoyed having their faces painted, playing on the jumping castles, having their picture taken with Father Christmas, colouring in and entertainment by Halli the dog, music and dancing, lots of goodies and presents and a great lunch.



Developments within HOPE Cape Town Trust

The HOPE Cape Town Trust was founded with the intention to safeguard the funds for the HOPE Cape Town Association and to guarantee the work of this entity. The Trustees confirmed Mr Sam Tuntubele as Vice-chair, Prof Detlev Geiss as treasurer and Mrs Carole Armstrong-Hooper as secretary. Together with Rev Fr Hippler they form the Executive Committee of the Trust and they are commissioned to oversee the day to day running of the HOPE Cape Town Trust. The Executive Committee met four times during the year at the Medical School of the Tygerberg Campus, one time exclusively to discuss and resolve extensive service problems with Standard Bank.

Again, the HOPE Gala in Dresden for the 9th time, organised under the proven leadership of trustee Viola Klein, (Saxonia Systems AG Dresden/Germany) and tax-wise run under the umbrella of the HOPE Kapstadt Stiftung, was a huge success in bringing across the mission of HOPE Cape Town but also in fundraising terms.

The chair remains as the representative of the HOPE Cape Town Trust in the Management Committee of the HOPE Kapstadt Stiftung, the twin trust established in Germany and reports back as need arises. The HOPE Cape Town Trust continues to be a member of the Western Cape Network for Community Peace and Development which forms an integral part of the partnership between the Western Cape and Bavaria. In Bavaria, the "Freundeskreis HOPE Cape Town Trust e. V." continues to work as a part of the "Eine Welt Netzwerk Bayern". Out of this partnership, several representatives from Bavaria, amongst them also the respective MEC for European Affairs and the Western Cape Partnership came in direct contact with the work of HOPE Cape Town.

HOPE Cape Town kept contact with the "Freundeskreis HOPE Cape Town Trust e.V. Olching" and the "Freundeskreis HOPE Cape Town Rheinland-Pfalz", both entities supporting our efforts here in South Africa.

The chair also gave various talks in Germany and fundraised in Germany and Switzerland. He attended the International AIDS Conference in Melbourne. He spoke at the regional conference of Rhineland – Palatine, organised by the "Schwerpunktklinik Infektionskrankheiten Kemper Hof" in Koblenz.

In August he visited our new member of the Advisory Board, Joe Kunzmann and his wife Shirley and connected again with Fr Paul Schenk, who would be instrumental with his organisation if and when funds would be donated towards HOPE Cape Town. In Harrisburg (Pennsylvania) all four met to discuss the necessary steps.

In October he attended together with Fr Wim Lindeque, Board member of the Association and Chair of our partner organisation "Manenberg Afterschool Care" the HOPE Gala in Dresden. During this stay, the annual Management Committee meeting of the HOPE Kapstadt Stiftung took place and the chair had the opportunity to thank some of the consistent supporters of the HOPE Gala in Dresden personally.

Various visitors from all over the world were welcomed to Cape Town, amongst them politicians, artist, long standing supporters and people just wanting to know more about HOPE Cape Town. As in the last years the HOPE Cape Town Trust also was a bridge for other NGO's and initiatives, we welcomed visitors from various other organisations and especially several student groups from the USA.

Visitors to mention are also the winners of last year's HOPE Gala in Dresden, who were able to visit not only the beauty of South Africa but also HOPE Cape Town. This is thanks to "Windrose Finest Travel", which not only sponsored in the last years one of the top prices towards the Gala in Dresden, but also donates a certain amount per booking received towards HOPE Cape Town.

In this context I really want to draw your attention to the list of sponsors on our website – we have indeed great supporters who not only donate, but many of them find time and ways to visit and see first-hand, what we are doing.

Lastly I have to report that the chair received, together with Prof Dr Rita Süssmuth (former German National Minister of Health) the "World without AIDS Award" in January 2015 in Berlin during the "21th Festliche AIDS-Gala". This award is surely recognition of the work of all and everybody within HOPE Cape Town. It also shows our very strong working relationship with the German AIDS Foundation and I am very grateful for this.

Within the reporting year also felt the decision of HOPE Cape Town Association and Trust to sharpen each side's responsibility and the preparatory work to change the financial dealings within HOPE Cape Town. Thanks to the hard work of Izane Reyneke, Kerstin Behlau and Cornelia Schönherr together with our treasurer Detlev Geiss and Charles Scheltema from the Associations' board all was prepared in time to start with the new arrangements on the 1.3.2015, the new financial year.

In December for the first time the HOPE Cape Town Association presented a budget for the new financial year to the HOPE Cape Town Trust as well as a prediction of fundraising efforts.

HOPE Cape Town Association with a qualified board as the working horse and the HOPE Cape Town Trust as responsible for the financial oversight, I must admit it was great to see in reality what was indeed the original idea back then in 2006. We all know that fundraising is not getting easier and budget discipline and continues monitoring and evaluating is essential. I am convinced that we now are on track for a stable future as two entities under one roof complementing each other.

With Fahim Docrat as the new donor relations manager HOPE Cape Town took another brave move to complement our team. He is instrumental to build up fundraising and marketing in South Africa, but also was a leading force into building up the bases for a fundraising and marketing strategy. Having now a software system called "Devmann" (donor and marketing administration tool) which hopefully is fully implemented during this financial year as well as an advanced filing system, also to be finalized in 2015 HOPE Cape Town is building up capacity to fundraise in a different and more strategic way we were able to do until now. Together with Izane Reyneke, Kerstin Behlau and the chair of the HOPE Cape Town Trust, Fahim Docrat is part of the so called "back office" which coordinates all fundraising and marketing efforts, be it dedicated funding for certain parts of our work, be it donation to capital or donation to general funds. I acknowledge the broad scope of the work of the back office but I am confident that it will meet the challenge ahead. For this to happen, strategic planning some time, even years ahead is crucial and this has to be balanced against the beauty of HOPE Cape Town: flexibility to bridge the gap within health service deliveries of government as they emerge and as they are being identified. Also Monitoring and Evaluation will play a much bigger part in the future of HOPE Cape Town.

I am sure that the HOPE Cape Town Trust is on the way to prepare itself for a successful future to serve through the work of the HOPE Cape Town Association the interest of the people living with HIV and AIDS and related illnesses in the Western Cape.

I wholeheartedly thank all the trustees and members of the advisory board, but also all supporters of the HOPE Cape Town Trust for their on-going support and dedication and encourage all to continue to do so in 2015/2016.

Let me acknowledge Izane Reyneke and Kerstin Behlau in helping me to compile this overview on the activities of the HOPE Cape Town Trust and for the support, they and all at HOPE Cape Town render to make our vision and mission touchable and feasible on a daily base.

Last but not least and again and I do repeat myself, it's almost like a mantra:

The work of HOPE Cape Town would not be possible without the support of all our dedicated donors and sponsors, especially also those who give on a monthly base. With all my heart I thank each and everybody who supported HOPE Cape Town in the last year — every cent is counting, every hand helping was a blessing for those less fortunate, every thought, every prayer was appreciated.

Thanks also to those who have helped to network – it is amazing how one contact leads to another and at the end one supportive phone call, one introduction opens a new door and new support for HOPE Cape Town.

They are all my heroes because without them we couldn't do our daily work, without each of them as the ambassadors for HOPE Cape Town there would be less life, less hope, less faith into the future for the kids and the families we serve.

God bless you all

Cape Town, 16.05.2015

Rev Fr Stefan Hippler Chairperson of the HOPE Cape Town Trust



2 Marketing and Fundraising

(Rev Fr Stefan Hippler and Fahim Docrat)

Fundraising is and will always be a challenge, especially in a country that has so many different and urgent needs as South Africa. Still most sponsorships and donations are being received from Germany. With the new restructuring, HOPE Cape Town continues to develop a fundraising strategy with a bigger share in the South African Market. This is a staged approach with stage 1 being to introduce HOPE Cape Town to major donors and corporates. Notably we have already received a small donation from Pick'n Pay with commitments from Nedbank and Shoprite and a partnership with Vodacom to follow through early in the next financial year.



Highlights include the sponsorship of a new vehicle from Williams Hunt and the donation that helped us secure R200k worth of new toys that are being used to roll out our Toy Library project.

We have also begun taking our first steps into fundraising in the USA. Its small little steps we are taking and the first one is to establish our so called "Back-Office" which should coordinate all fundraising efforts, supported by the joined portfolio committee.

The joined portfolio committee streamlining the combined efforts of HOPE Cape Town Trust and Association is in progress and has met once during the reporting period.

We welcome the Regional Office of TBWA on board which has agreed to partner with HOPE Cape Town and assist in streamlining communication and marketing efforts of our organisation. This is really good news and we appreciate the work of Andrew Francis and Karen Fair and their team so far. We are looking forward on an exciting year ahead where we scrutinize all our tools available in this sector to communicate even better the work HOPE Cape Town is doing. During the reporting period, HOPE Cape Town has successfully increased its visibility in South African media and is moving steadily towards greater brand awareness in the South African market.

The largest donations being received by the HOPE Cape Town Trust remains the proceeds of the HOPE Gala in Dresden Germany. We thank Viola Klein, Andreas Mönch, Saxonia Systems AG and Par-X and all other parties involved in this great event.

The funds coming in from the HOPE Gala in Dresden are split in two: one part is on-going support for the HOPE Cape Town doctor post; the other part will sustain the organisation for the future.

Generally HOPE Cape Town tries to strike a balance between actual work and sustaining what the organisation is doing. The HOPE Cape Town Trust plays a pivotal role in making sure that both goals, interventions in real time and sustainability for the future are in focus.

3 The Back-Office of HOPE Cape Town

(Mrs Kerstin Behlau)

The structure of the back office has been expanded during the period under review, and it now consists of a Donor Relations Manager and an Administrator & Donor Liaison Europe. On May 1, 2014, the position of the Donor Relations Manager has been filled by Fahim Docrat. Weekly meetings are held to ensure an optimal communication between the colleagues and to plan, to realize and to complete all the necessary task and duties as best as possible.

The main task of the office is to assist the two chairs in their efforts to run the two organisations which serve the same purpose: supporting families and individuals living with HIV and AIDS in the Western Cape and to assist the Primary Health Care Facilities concerned with their HIV positive patients.

4 The Ball of HOPE

(Mrs Anja Tambusso-Ferraz)

The Hosts:

THE SA-GERMAN CHAMBER OF COMMERCE & INDUSTRY

120 offices in 80 countries. One network, one objective, one design. The Southern African-German Chamber of Commerce and Industry NPC is part of the German Chamber Network and has therefore a lot to offer to its members and customers. With offices in Johannesburg, Cape Town and Durban, the SAGCCI is the official authorized representative of German industry and trade for the Southern Africa. As a private, non-profit organization, its primary goal is to offer the best service for building bilateral business relationships between Southern Africa and Germany.

HOPE CAPE TOWN

HOPE Cape Town is a non-profit organisation providing outreach, education and counselling at the community level, focusing on HIV/AIDS and TB in the Western Cape Province of South Africa. HOPE Cape Town is co-located and associated with the Ithemba (Hope) Infectious Paediatric Ward at Tygerberg Hospital in Cape Town and is linked to the University of Stellenbosch. HOPE Cape Town cooperates with "KID-CRU", the Tygerberg Hospital research unit for paediatric infectious diseases. The offices of HOPE Cape Town are located at the Medical School of the University of Stellenbosch Tygerberg Campus in close vicinity of the Tygerberg Hospital.

The Venue:

THE WESTIN CAPE TOWN

Set in one of the most popular destinations in the world, directly linked to the Cape Town International Convention Centre, The Westin Cape Town is a deluxe city centre hotel dedicated to providing world class facilities and services. Classified as the preferred luxury establishment for heads of state, business leaders, celebrities and those who simply seek an oasis of comfort at the end of a busy day.

Relish in spectacular views overlooking the vibrant city, Table Mountain and harbour. The Westin Cape Town is ideally positioned for business and pleasure, located within easy walking distance from cultural and commercial attractions. The hotels offers a variety of food and beverage options, including The Westin Executive Club Restaurant on the 19th floor with unsurpassed views of Cape Town, the contemporary Thirty7, Raleigh's cigar lounge and Louis B's Bar.

The Guests:

Business people, diplomats, VIP's and all who want to be part of a social highlight, combining fun with doing good and enjoying an evening full of entertainment, good food, exciting raffle prizes and live music.



5 Our Partner: Freundeskreis HOPE Cape Town Trust e. V.

(Peter Ascherl)



The aim of our association "Friends of HOPE Cape Town Trust e. V." which is member of the "One World Network Bavarian e. V." is to support HOPE Cape Town financially on a long term base. All the funding (membership fees and donations) we will forward to HOPE Cape Town. The activities of "Friends of HOPE Cape Town" shell also create awareness of the HIV/AIDS problem in South Africa as well as it's the social effects. We have our own homepage under the following link: www.hopecapetown-olching.de

With reports and articles in well-regarded German newspapers we were able to call attention to our association. Besides the recruitment of new members, we focussed on making contact with German companies which are operatively active in South Africa. We hope the result of this will be a remarkable accrual of financial funds. All members want to help with their engagement to provide hope and a chance for a worth living future to the HIV/AIDs effected children in South Africa and they are proud to be able to support HOPE Cape Town actively.

6 Our Partner: Freundeskreis HOPE Cape Town Rheinland-Pfalz

(Mrs Hanna Jones)



Members of the Freundeskreis HOPE Cape Town Rheinland-Pfalz at the 18. Koblenzer AIDS/Hepatitis Forum in Koblenz on September 20th 2014: from left to right: Dr med Ansgar Rieke (Immunologische Ambulanz Koblenz); Martin Däumer (Labor Thiele; Kaiserslautern); Stefan Hippler; Gerhard Wermter und Hanna Jones (RAT&TAT Koblenz e.V.)



4500€ donated by the Ministry of the Interior of Rheinland-Pfalz, Germany was the achievement from the Freundeskreis HOPE Cape Town Rheinland-Pfalz in 2014. This project related donation was used to organize 100 school uniforms for HIV-positive girls and boys looked after by HOPE Cape Town. Since children in South Africa are obliged to wear school uniforms, this is an important step towards equal opportunities. Education is still the key to a hopefully better future.

News from Germany: The AIDS-Hilfe Koblenz e.V. (member of the Freundeskreis HOPE Cape Town Rheinland-Pfalz) has changed its name to "RAT&TAT Koblenz e.V." (translated to ADVICE&ACT Koblenz e.V.). This new and neutral name helps us to work against stigmatism and prejudices and is customer friendly. Many clients often had problems to step in our office because they feared to be identified as a HIV-positive woman or man.

7 Our Partner: The German AIDS Foundation

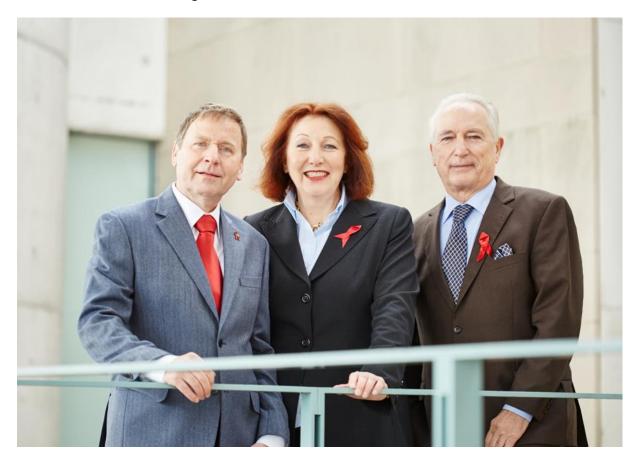
(Dr Ulrich Heide)

New Chairwoman of the board: Prof Dr Elisabeth Pott

The former Director of the Federal Centre for health education (BZgA) Prof Dr Elisabeth Pott is Chairman of the Board of the German AIDS Foundation since 1 January 2015. Dr Christoph Uleer, her predecessor in Office, will remain as an honorary member of the Executive Board at the Foundation. Together with the Executive Director of the Foundation Dr Ulrich Heide the body now consists of three people. The Foundation Board had Mrs Prof Dr Pott already appointed in July 2014.

"I am pleased about my new role at the Board of the German AIDS Foundation. The Organization's work is familiar to me since many years, among other things through my work at the Board of Trustees of the Foundation", said Prof Dr Elisabeth Pott to her new task.

Prof Dr med Elisabeth Pott is a medical doctor for the Public Health Department. From 1985, she headed the Federal Centre for Health Education (BZgA) in Cologne as a Director and contributed significantly to the success of the German HIV/AIDS prevention work. In 2007, she received an Honorary Professorship at the Institute for Social Medicine, Epidemiology and Health System Research of the Centre for Public Health at the Medical University of Hannover. End of January 2015 she retired as Director the BZgA.



© Iwo Gospodinov: Dr Ulrich Heide, Prof Dr Elisabeth Pott, Dr Christoph Uleer (from left)

Almost 30 years successful HIV/AIDS prevention work

In 1987, the Federal Centre for Health Education (BZgA) launched under Prof Dr Elisabeth Pott as Director the campaign "Give AIDS no chance". It became the biggest health campaign in Germany. From the start, the campaign had the objectives to educate about the risks of HIV/AIDS, so that preferably few people are getting infected, and to show solidarity with those affected. Through its presence in all communication channels the campaign reached so many people, so that the logo "Give AIDS no chance" became one of the most famous logos in Germany.

Compared with other Western European States Germany has today one of the lowest HIV infection rates. This is the benefit of an early started open and offensive educational work and of the collaboration between the BZgA and the German AIDS Service Organization through a targeted approach of persons at risk. Overall, Germany developed a remarkably good cooperation between State, Civil Society - such as the German AIDS-Foundation - and self-help, thanks to the former Federal Health Minister, Prof Dr Rita Süssmuth.

The prevention campaign has grown further in the more recent decades, since each new generation must be once more enlightened about the risks of a HIV infection and the possibilities of the prevention of an infection, as well as other sexually transmitted infections.

Annually at the World AIDS Day the Federal Ministry of Health, the BZgA, the German AIDS Aid, and the German AIDS-Foundation is drawing special attention with publicly visible actions on the topic of discrimination and stigmatization of HIV-positive people. All the organisations acting together for solidarity with those affected.

8 Our Partner: Manenberg Afterschool Care

(Rev Fr Wim Lindeque)

The Holy Family Child and Youth Development Centre (HFCYDC) had its beginnings during the Fifa World Cup in June 2010. Fr Wim Lindeque, then parish priest of the Catholic Church in Manenberg met with some concerned parishioners about the fact that many children would suffer hunger and neglect during the unusual 6-week school holidays that accompanied the world Cup.

With the promise of a small donation and support from the parish, a holiday programme for children between 2 and 16 was planned under the leadership of Ricardo Cupido, a parishioner and experienced youth worker. Friends and colleagues of Fr Wim, notably Fr Stefan Hippler, who heard about the project contributed generously and the children received two meals and a snack for the full 6 weeks. They were also entertained and supervised by members of the community, including some of the youth from the parish.

Fr Stefan Hippler subsequently connected Fr Wim and Ricardo to the Amy Biehl Foundation (ABF) and an after-school care centre was initiated, building on the holiday programme. Ricardo Cupido was employed as centre manager and community members were engaged to be facilitators. Through the expertise and support of the Amy Biehl Foundation, the programme became well-established and the number of children grew to around 120 per day. After a year the partnership between the ABF and the Manenberg Catholic church was dissolved because some of the prescriptions of the ABF, for instance about only working with school-going children, were not fully compatible with the needs of the Manenberg community.

The HFCYDC runs from 15:00 to 17:00 from Monday to Thursday and provides a caring, stimulating and safe environment for over 100 children per day. The children range in age from 2 to 16 and they have the opportunity to learn music skills, play sports, participate in hip-hop dancing or learn about cooking and hospitality. There are also two classes for pre-schoolers where they learn basic skills, play and learn crafts and gardening. A cook is helped by parish volunteers to prepare a nutritious meal for the children every afternoon. Paid staff consists of the centre manager, five facilitators and the cook. A mentoring programme for school leavers has also been added to try and assist promising young people who do not have the means or experience to find jobs, bursaries or apprenticeships to develop their skills and their future prospects.

Since the beginning of 2012, the HFCYDC has been run by a board made up mainly of Manenberg residents, with Fr Wim as the chairperson. Funding has come from various sources, most notably from the German-speaking Catholic Community, the Rümmelsheim community in Germany, the Rondebosch Catholic church in Cape Town, the Quaker community of Cape Town and many generous individuals.

The HOPE Cape Town has been a major support in this project and has provided services that lift the centre into a very high level of holistic care. Over the past year the children have been assisted by Tasneem, the HOPE Community Health Worker in Manenberg. She visits the centre twice a week and monitors the health of children who attend. Sometimes this involves referring children to the clinic, accompanying them there and even making home visits to support the family in caring for a child with health challenges. She also teaches basic hygiene to the children at the centre and provides them with information about healthy living. As many of the children live with sick or elderly relative sin their home environment, she also helps children understand how they can support their sick relatives.

HOPE Cape Town has also generously provided a social worker to the project, creating the possibility for children with severe problems to be counselled and helped. The HOPE social worker specializes in play therapy, a very effective tool in working with the children in this community who are often traumatised by abuse, dysfunctional family/home experiences and the violence prevalent in their environment.

A dietician is a third aspect of HOPE Cape Town's assistance to the centre. Children are helped to understand healthier eating habits and especially enjoy the healthy sandwich-making workshops. This support is very important and links to the vegetable garden that HOPE Cape Town has set up on the premises. Here children see fresh vegetables and herbs growing, take part in looking after the plants and enjoy the harvest as part of the meals they get at the centre.

Hope Cape Town has also provided many volunteers who help at the centre for short periods, reading to the children or joining in one of the structured activities. Many of these volunteers have remained in contact with the project and continue to contribute to it.

The HFCYDC continues to flourish and develop, thanks to the support of many people and groups, including our very important partner, the HOPE Cape Town. We are very grateful for this wonderful support and help which adds to the excellent support we are able to offer the children of Manenberg.

9 Networking: Eine Welt Netzwerk Bayern

The One World Network of Bavaria is the regional non-profit network of action groups, institutions, fair trade shops and local one-world-networks committed to development policy and situated in Bavaria, one of the 16 federal states of Germany. All our members are engaged in one world solidarity work and are raising awareness.



Therefore we deal particularly with sustainable development, fair trade, international labour standards / corporate social responsibility and education for sustainable development.

"Friends of HOPE Cape Town Trust" / "Freundeskreis HOPE Cape Town Trust e.V." at Olching (close to Munich): In South Africa thousands of children are infected with HIV. Providing them with medications is usually not possible due to a lack of funds. In order to help those children, the "Friends of HOPE Cape Town Trust" were founded in 2012. They want to provide long-term financial support to the HOPE Cape Town Trust (www.hopecapetown.com) and to increase the awareness of the HIV/Aids issue in the Western Cape.

More information: <u>www.eineweltnetzwerkbayern.de</u>

10 Networking: Western Cape Network for Community Peace and Development



The Western Cape Network for Community Peace and Development is a collectively guided independent and registered non-profit provincial umbrella organization of NGO's working in the field of conflict resolution, youth, women, community development and peace building and sport in the Western Cape. Its members share common values and so empowerment, youth development, peace building, conflict

management, democracy, sustainable development, human dignity, diversity, integrity, transparency, accountability and non-discrimination became binding principles. These common values help to create conflict free and sustainable communities and provide a platform for the network to work from.

The vision of the Network is to actively promote peace and development not only in the Western Cape, but in South Africa, by contributing to the building of: "Peaceful, Empowered, and Cohesive Communities."

MISSION:

"The network ignites peace and development by amplifying the voice of communities through capacity-building and advocacy with its members"

As a Network we value:

- The fundamental importance of peaceful communities to create a healthy nation
- The inherent potential in communities to find solutions to challenges
- The potential within every individual to contribute to a peaceful society
- The potential of each network member to contribute constructively to the achievement of our vision & goals
- Conducting our practice with discipline, fairness, integrity, transparency, responsibility, accountability and care

How to achieve our Mission?

- Assist in sharing of expertise and training among members
- Developing common initiatives and organising Network events and activities
- Providing capacity-building opportunities for our members
- Enhancing operating efficiency and effectiveness
- Providing shared facilities and resources
- Advocating for and publicising members work
- Becoming a replicable model
- Building stronger relationships between civil society, academic institutions and government

More information: www.peacenetworkwc.org

11 Our Sister Trust: HOPE Kapstadt Stiftung

(Dr Ulrich Heide)

Their collaboration now exists for 11years: Since 2004 the German AIDS Foundation has been providing significant funding to HOPE Cape Town – whether for workshops or for staff costs of for example the Training and Outreach Officer and several HOPE community health workers.

With the purpose to generate additional funds from German donors for the benefit of HOPE Cape Town, on 1 October 2007 the boards of both organizations established the HOPE Kapstadt Stiftung with the legal status of a trust under the roof of the German AIDS Foundation.

The trust's managing board is composed of two representatives of each of its member organizations: Dr Christoph Uleer, Dr Ulrich Heide, Stefan Hippler and Prof Bernd Rosenkranz. They meet at least once the year. For good reasons, the past meetings took place on the occasion of the HOPE Gala in Dresden. The Trust HOPE Kapstadt Stiftung is official organizer of the HOPE Gala in Dresden, initiated by the successful business woman Viola Klein. As a fundraiser by passion she could, over the years, establish the annual event in Dresden as one of the most important events for the benefit of HOPE Cape Town.



The German AIDS Foundation very much appreciates the partnership with HOPE Cape Town, the commitment of its board and staff members and all its volunteers. The joint mission and common aim of HOPE Cape Town

and German AIDS is raising hope and realizing the chance of a better future for people who would not stand a chance.

12 Support of other Organisations and Initiatives

Nazareth Sisters in Johannesburg

Through the excellent work of our Chairperson of the Board of Trustees we were able to secure funds for other organisations and initiatives, i. e. Hope Cape Town Trust accepted donations for administration for Nazareth Sisters in Johannesburg for a part-time doctor at their HIV clinic for refugee hospice patients and HIV/AIDS related medical necessities. In particular the donation has been used follows:

- 1. X-rays and blood tests for hospice patients
- 2. Opportunistic medication (vitamins, pain medication, cough remedies, medicine for diarrhoea & vomiting, antibiotics, prophylaxis syrups & tablets when not available at the local clinic due to shortage of supplies)
- 3. Nutrition supplements and formulas
- 4. Nebulisers & oxygen
- 5. Waterproof mattress covers & pillow slips
- 6. Transport costs for patients to visit clinics and hospitals around Johannesburg
- 7. Repatriation cost for 2 very ill patients who wanted to return home to their families in Zimbabwe before they died
- 8. Food parcels & clothing for patients on discharge who had no means of support whatsoever
- 9. Services of a private doctor after hours for very ill patients when the clinic doctor was not available

Xhosa Teacher for Tygerberg Hospital School

The HOPE Cape Town Trust received dedicated funding from a European Trust to support the Tygerberg Hospital School for one year with funding for a Xhosa Teacher. In January 2015 the school could employ a Xhosa speaking teacher for the isiXhosa learners

13 HOPE Cape Town Board of Trustees 2014/15

A Trust is also about people – HOPE Cape Town included. The HOPE Cape Town Trust brings together individuals from diverse backgrounds to provide guidance for the organisation. We are honoured to gather wide ranging expertise and to benefit from specialised knowledge. The focus of the Trustees on the long-term vision and stability of HOPE Cape Town is important for achieving our objectives and enabling us to continue to evolve in response to the HIV and AIDS situation and the national ARV rollout in South Africa – treatment is prevention. We are proud to present the following list of our dedicated trustees in alphabetical order:

Mrs C. Armstrong Hooper (secretary)
Dr D. J. Brand
Dr M. Esser (ex officio)
Prof Dr D. Geiss (treasurer)
Adv B. Groeneveld
Rev Fr S Hippler (chair)

Adv M. Hörnig (Switzerland) Mrs M. Isaacs Mrs.V. Klein (Germany) Admiral (ret) J. Louw Mr D.S. Tuntubele (vice chair)

14 HOPE Cape Town Trust Advisory Board

Within the Trust we make a place for exceptional individuals who have made outstanding contributions to HOPE Cape Town.

Since 2008, Hardy Fiebig, former athlete and CEO of the company "Allstar Production Group", joined the HOPE Cape Town Trust team as special advisor. We are very pleased to have Hardy Fiebig on board and highly appreciate his valuable input so far. 2011 Mrs Anja Tambusso-Ferraz also joined the advisory board – she is involved since years with HOPE Cape Town as the main organiser of the Ball of HOPE in Cape Town.

Last year Mr Joe Kunzmann joined the Advisory Board and represents with the support of his wife Shirley HOPE Cape Town in the USA.

15 Sponsorship and Donation "in the reporting year"

Every cent counts and we thank all sponsors and donors and apologies if we forgot somebody to mention. We appreciate everybody who notifies us after making a donation via EFT, transfer or our website, so that we ensure the issuing of a tax deductible receipt in South Africa or in Germany as well as including the name in this paragraph.

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HOPE Kapstadt Stiftung	Gudrun Hoffeld	Pies, Werner & Iris
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• FFT

• Cheque made out to the HOPE Cape Town Trust

• Secure Online Payment via www.hopecapetown.com/donate

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Name of Bank: Standard Bank of South Africa Limited

Account No: 070274525 Branch Code: 020909 Swift Code: SBZAZAJJ

Branch Name: Thibault Square

Account Type: Business Current Account