



HOPE Cape Town strives to improve the quality of life of children and families affected by HIV, social challenges and related conditions and assists them to reach their full potential.

Annual Report 2017/2018

Board of Trustees HOPE Cape Town Trust 12/05/2018



Photo: Kathrin Schafbauer Photography

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Address of Consul General of the Federal Republic of Germany in Cape Town

Cape Town, May 2nd 2018

Dear Reader,



it is both with firm rational conviction and out of deep emotional respect and admiration for HOPE's work that I address you – for the second time so since taking office as German CG to Cape Town, thereby walking in the footsteps of a considerable list of my predecessors who established and shaped this fine tradition over the years.

Given the close and long-standing ties between HOPE Cape Town and Germany in terms of both HOPE's origins, its network, its expertise and its sources of support, my country has every reason to honour the dedicated and sustainable effort deployed by HOPE for the good cause – that is, after all, to honour the incredibly strong commitment, idealism, and resilience of each and every one of the people behind HOPE, both as volunteers and professionals.

Looking back on the broad range of activities and projects run by HOPE in 2017, each of them amounting to making the lives of people affected by HIV more worth living, let me emphasize one core approach: empowering children directly or indirectly concerned to lead an ever more "normal" path of life. HOPE's social workers and ergotherapists make an invaluable contribution to that goal by systematically identifying and addressing delays in the physical and personal development of such children, caused either by the disease or by a lack of stimulation in early childhood, often resulting from unfavourable social environment, in itself shaped by the disease and its effects.

Both from what my colleagues and I have seen in the field over the year 2017 - on one of those occasions being privileged to accompany Bavarian Minister Ilse Aigner with her delegation to Blikkiesdorp a visit which, later in the year, gave rise to a substantial project support from Bavaria – and from HOPE's close working links to well-established institutions in Germany, first and foremost the Deutsche Bischofskonferenz and the Deutsche Aids-Stiftung, I have no doubt that HOPE does deserve the unreserved trust of any prospective donor.

The people in HOPE have consistently been fulfilling their self-defined humanitarian mission in a manner characterized by an extremely large measure of professionalism and, hence, sustainability. Over the years, they have developed a highly systematic, targeted, and comprehensive approach to the problem of HIV/AIDS in South Africa, with three specific strengths: HOPE's work is state-of-the-art because it consistently aims at providing a direct link between scientific and grass roots work. Its work is sustainable, because over time HOPE

has contributed to developing an invaluable amount of expertise in the field of paediatric HIV/AIDS prevention and treatment. And finally, its work is embedded in a stable and productive international context through its network with European and American partners.

Conveying to HOPE the best wishes, good luck and every success for the year ahead!

Yours faithfully

Matthias Hansen

Consul General of the Federal Republic of Germany, Cape Town



1 Report of the Chairperson

Structure

HOPE Cape Town comprises HOPE Cape Town Trust, Hope Cape Town Association, HOPE Cape Town USA and HOPE Kapstadt Stiftung.



Responsible for raising funds and ensuring sustainability of the organisation through effective oversight.



Working arm which implements and monitors all outreach programmes.



Encourages exchange of ideas, learning and collaboration while promoting our cause in the USA giving donors the opportunity to support our many programmes.



Our German trust, which enables our German donors to support us and is responsible for our premier international event, HOPE Gala Dresden.

Developments within the Trust

During the business year under review the organisation continued to work in the interest of children infected and affected by HIV but started to move into new focus areas. We realised that there is a huge need in the communities for social support, like early childhood development, development during the first 1000 days of a children's life, social worker support and support for children of school going age not attending school yet. We changed our vision accordingly as you can see above.

Our Mission

HOPE Cape Town strives to improve the quality of life of children and families affected by HIV, social challenges and related conditions and assists them to reach their full potential.

Our Values

Focus * Transparency * Innovation

Focus:

- Hands on Child & Family support
- Medical Research & Clinical Work
- Awareness / Prevention / Training

Transparency:

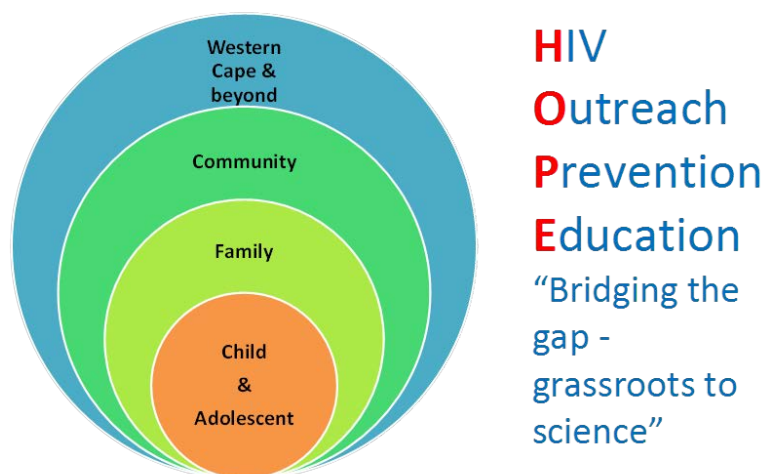
- Verifiable results through monitoring and evaluation
- Successful local and international partnerships since 2001
- Training and awareness programmes for NGOs, government and the private sector

Innovation:

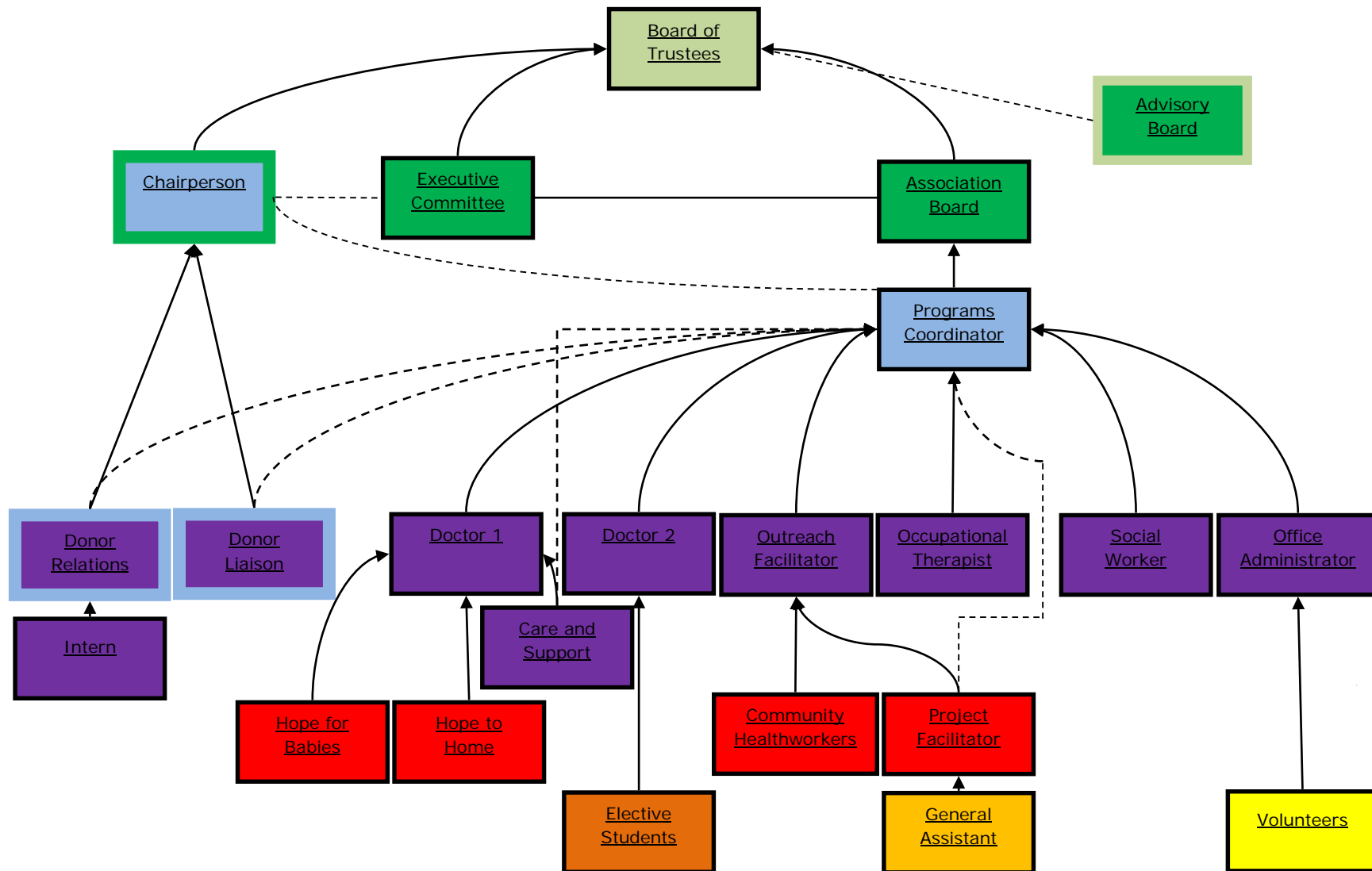
- At the forefront of establishing an HIV/Aids framework with international partners
- 25 Community Health Workers supporting and impacting 18 communities in the Western Cape
- Bridging the gap between grassroots and science
- Early childhood development / 1st 1000 day interventions in under resourced communities
- Timely diagnosis, support and care for children with neurodevelopmental delays

Our Core Focus

HOPE Cape Town strives to improve the quality of life of children and families affected by HIV, social challenges and related conditions and assists them to reach their full potential.



ORGANOGRAM - 2017/2018



This 12th report of the HOPE Cape Town Trust is a welcome time to review the accomplishments of the past year and to highlight once again the focus and faith of HOPE Cape Town. That is the people – the people within HOPE Cape Town; the people in the communities in which we work; the partners, the sponsors and the volunteers, who all constitute the HOPE Cape Town Community.

The HOPE Cape Town Trust was launched in Cape Town, South Africa in May 2006 at our annual fundraising event, the Ball of HOPE. After many years of successful public and private partnership with a diversity of stakeholders including committed Government entities, organisations, businesses and individuals in South Africa and Germany, the bold decision was taken to form a Trust to ensure the sustainability of the HOPE Cape Town Association. This step is evidence of a shared commitment to the future of HOPE Cape Town predicated on our strong belief in the fundamentals of the organisation and the resolve to support this undertaking by the volunteer Board members of HOPE Cape Town Association, the staff and, of course, our Trustees and the members of the Advisory Board.

As previously mentioned, the goal of the Trust is to ensure the future of HOPE Cape Town's work and thus, the continued delivery of effective services and programmes in the years to come. Marketing and Fundraising are the tools to support the "working horse" of HOPE Cape Town, namely the HOPE Cape Town Association.

HOPE Cape Town has dramatically grown from the very first contact with Tygerberg Children's Hospital and the placement of the first HOPE Community Health Worker (HCHW) in Mfuleni at a time when Sister Pauline Jooste, our Outreach Coordinator, was the Clinic Facility Manager. Today 25 HOPE Community Health Worker positions are spread throughout the greater Cape Town area and 35 employees work collegially for HOPE Cape Town.

Throughout this time, HOPE Cape Town has continued to uphold and to share our vision to address the reality of HIV, AIDS, TB and social challenges in the Western Cape Province and to protect the rights of individuals to know their status, access treatment and obtain quality information in a confidential, accepting environment. We believe individuals have the duty to be active in their care and prevention of further infections.

Achievements during the business year

During the reporting year, the following developments within HOPE Cape Town are worth noting:

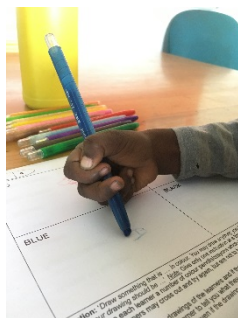
Introducing Occupational Therapist - Robyn Meissner



Robyn graduated with a BSc in Occupational Therapy from UCT in 2009, and completed her community service year at Greytown Hospital in Greytown, Kwa-Zulu Natal in 2010. In 2011, she returned to Cape Town to work with the Kidzpositive Family Fund in the areas of De Noon and Albow Gardens. During this time, she focused on treating children with developmental delays, neurological fallouts, HIV and other disorders and syndromes. In 2013, along with other OT colleagues, Robyn embarked on a research project in developing a play-informed, caregiver-implemented, home-based OT intervention to help the development, learning and play outcomes of HIV-positive children. Her research was

funded by the MRC and National Health Scholars Program. From this research, Robyn received her MSc in Occupational Therapy in 2016 with distinction. She is involved with the Neurodevelopmental Clinic at Red Cross Children's Hospital and has also worked on research projects assessing the development of HIV-exposed infants. Robyn joined HOPE Cape Town full time in April 2017.

“Why is occupational therapy relevant in our setting?”



Children with HIV have been known to have difficulties in most developmental areas including motor skills, language, cognition and socio-emotional development. ARV's have meant these children now have an almost certain prospect of surviving beyond childhood and living a long life. However the risks of developmental delay and encephalopathy remain. In South Africa, often the children have to contend with additional circumstantial factors affecting their health and wellbeing while growing up, despite being on life-saving ART.

Occupational Therapy gives HOPE Cape Town the knowledge and skills to address the developmental, learning, self-care and play skills. The complex combination of problems faced by children with HIV and their caregivers pose great risks to their meaningful engagement in occupations. Occupational Therapy is well positioned to reduce the long term effects of HIV by building skills in both children and their caregivers. We do this by providing caregivers and children with opportunities to improve the quality of their children's lives and foster their development, play, self-care and learning.

Occupational Therapy - Overall Summary

HOPE Cape Town started with occupational therapy (OT) service in May 2017.

So far the total headcount of children been seen by our occupational therapist is 179.

Clinics/locations of current services:

Paediatric ARV clinic support

- Delft CHC paediatric ARV clinic (since 5 May 2017)
- Delft South paediatric ARV clinic (since 30 May 2017)
- TC Newman CHC paediatric ARV clinic in Paarl (since 29 November 2017)

Assessment and intervention for other vulnerable children

- Blikkiesdorp HOPE Play Group project (since 3 May 2017)
- Manenberg Youth Aftercare project (since 10 May 2017)
- Tygerberg Hospital Neurodevelopmental Clinic (since 16 October 2017)

Breakdown of occupational therapy services

- Paediatric ARV clinic support (weekly visits to each clinic)
- Individual OT at health care facilities
- Assessment and therapy for Infants and toddlers (birth-5years): HIV+ or other vulnerable children, therapy focussed on development, pre-academic skills and play.
- School-going (5+years): HIV+ or other vulnerable children, therapy focussed on school performance, development and play.
- The therapist supports the OT department at Delft CHC and TC Newman Clinic Hospital and has started an OT service at Delft South Clinic. She receives referrals from the doctors running the ARV service as well as Child Health sisters. The majority of the children seen are HIV-positive, with some clinician identified vulnerable children from the community. The children attending were seen regarding developmental screening or delays as well as school/learning difficulties. Other co-morbid conditions seen were: epilepsy, CP, visual and hearing impairments, FAS, SAM, ASD, ADHD, prematurity and intellectual disability.

GOKidz program

A play-informed, caregiver-implemented, home-based intervention for HIV+ children (6months-8years old) and their caregivers. The intervention was developed to be group-based but the curriculum can be followed on an individual level if need be.

Blikkiesdorp



- Assessments (and therapy if needed) for individual children
- Basic concepts intervention
- School readiness and enrichment within activities provided during the play group
- The OT screens all the children attending the Blikkiesdorp playgroup on basic concept knowledge and fine motor skills.

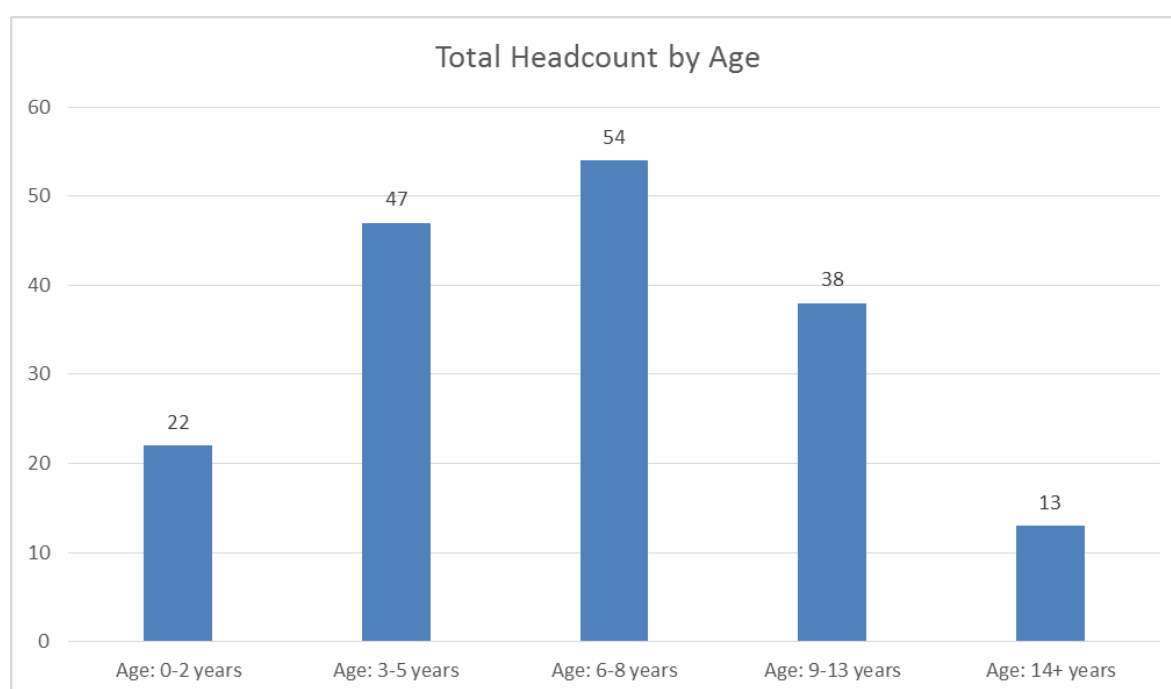
- Children who are identified as needing further assessment are referred to Delft CHC and Tygerberg Children's Hospital.
- From these assessments the therapist provided organised activities within their activity time focusing on the areas needing attention (shape concept, number concept, letter concept, body concept, drawing and writing names). These activity groups varied from between 10-25 children (in rotating smaller groups) and the activities consisted of various playdough, sorting, DUPLO building, drawing and tracing activities.

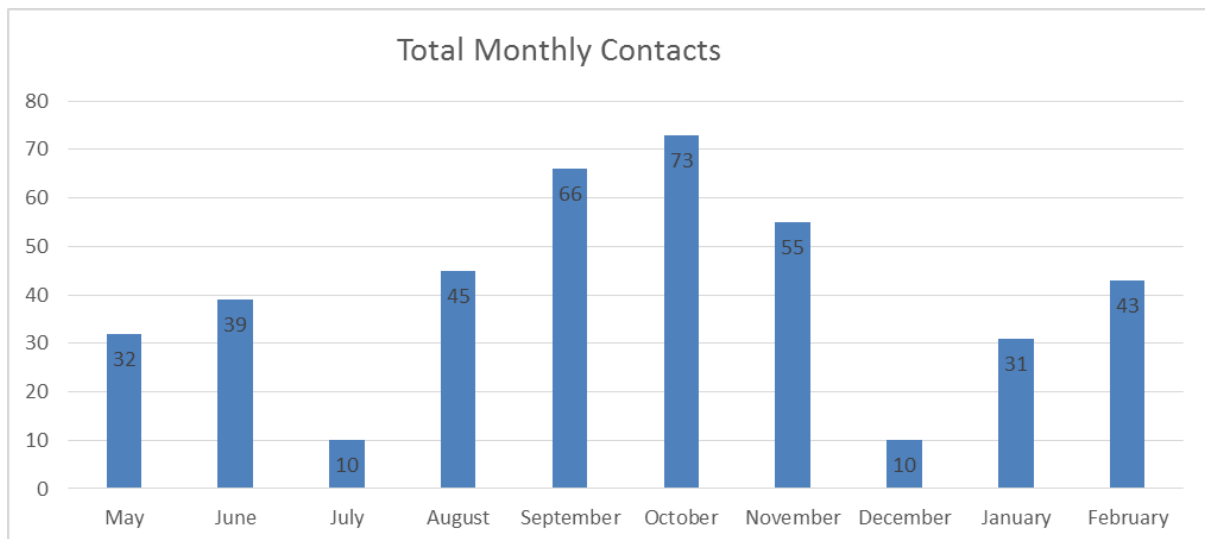
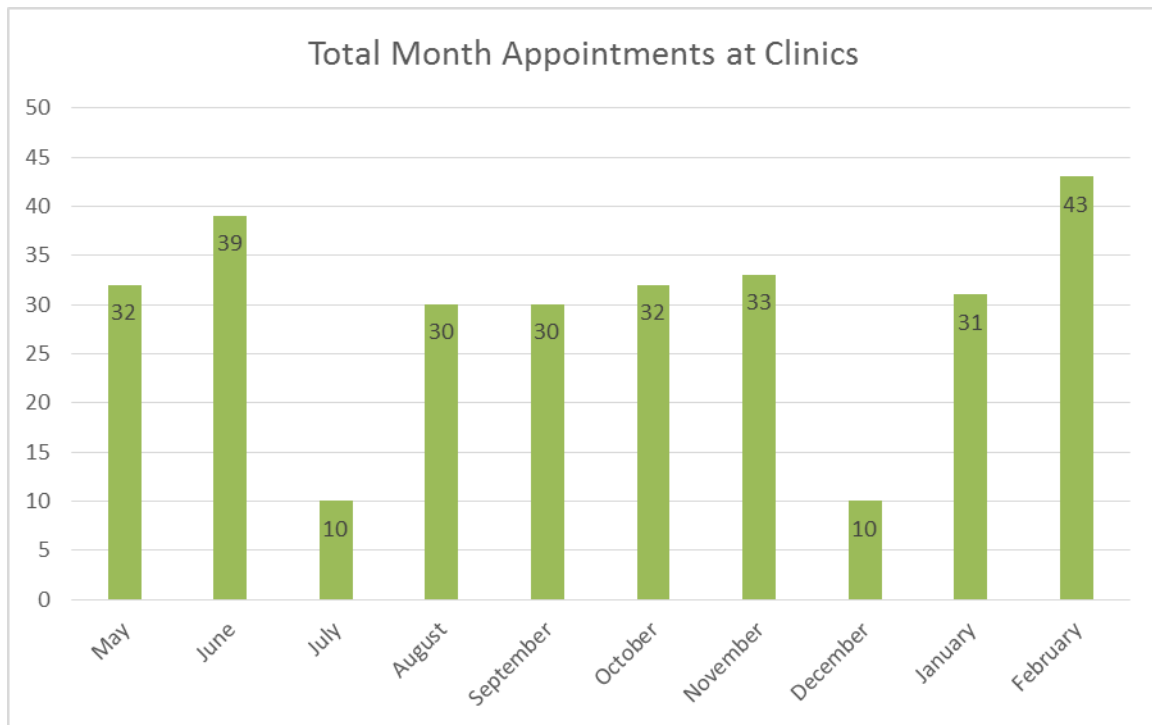
Manenberg

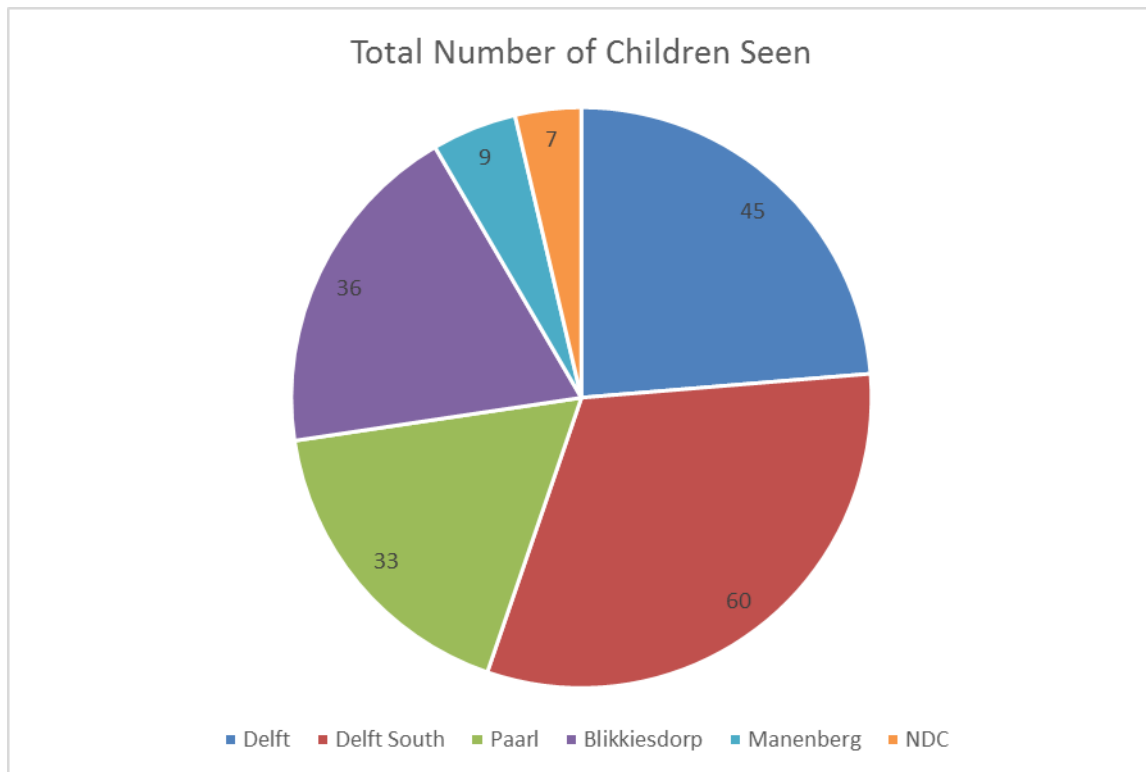
- Assessment when deemed necessary by the social worker for school performance observations and investigation into any difficulties.
- Children are identified by the Social Worker and Manager of the Youth Aftercare centre for OT assessment. Their fine motor skills, basic concept knowledge, and visual-motor integration were assessed.
- A training workshop was provided for the facilitators at the Manenberg Aftercare Centre. The workshop was focused on "Barriers to Learning" for children in the area. The workshop was well received.

Tygerberg Hospital Neurodevelopmental Clinic

- The OT has been offering a Griffiths mental development scales (GMDS) assessment service to the Neurodevelopmental Outpatient Clinic at Tygerberg Hospital. This helps to speed up the assessment process and reduces waiting periods. She receives referrals for GMDS assessments from the NDC doctors. Seven children were assessed during this period, with various diagnoses – hydrocephalous, visual impairment, intellectual disability, ADHD, HIV, chronic lung disease, global, speech and motor delays.







Other

- CHW Training: In June, the OT helped run an activity during the CHW training session. The task was focused on using recycling and everyday objects found around the house to use when playing with children or providing stimulation. The CHWs had to practically brainstorm, using various recycling materials, what toys they could make or activities they could play with children and what developmental areas would be stimulated.

Tygerberg Hospital Inpatient Playroom

- The therapist redesigned, sourced and bought new equipment for the playroom in G7. The toys (new and old) have been catalogued, moved and organised into the playroom. New plans/proposals for how the playroom may work has also been drawn up by the therapist. The playroom is currently run by the international volunteers.



LEGO training

- During October 2017, the therapist and social worker attended training about using LEGO DUPLO and Six Bricks in the classroom and therapy for children. The training was run by Care for Education. A donation of two LEGO Play boxes was received – these have been divided for use with the OT, the social worker and in the playroom.



Social Services

HOPE Cape Town is contracting the services of a registered social worker and filial therapist, Mrs Maria van Blerk, to offering counselling and therapeutic group work services at community level in the Delft and Manenberg areas. This includes individual counselling/play therapy sessions for children and family counselling sessions for families of children are identified with chronic diseases (such as HIV), developmental delays and substance abuse.

The need for these services has increased exponentially over the last year and HOPE Cape Town has increased Mrs van Blerk's working hours and projects in a bid to address these needs. Plans are in place to appoint Mrs Blerk as the official HOPE Cape Town social worker in the 2018 – 19 financial year.

Projects:

Blikkiesdorp

Educational Playgroup (Tannie Maria se Kinners)



Children of school going age, who do not access formal schooling for a variety of reasons, attend these groups. She prepares them for school by instilling classroom discipline, teaching basic numeracy and literacy and assisting caregivers with enrolling these children in a school.

Seventy-one playgroup sessions took place during the reporting period. These groups are hosted twice a week at the HOPE containers. The children receive breakfast and lunch, outside play time (gross motor skills development) and educational/developmental activities

set up in 4 – 5 rotational workstations each morning. Between eleven and twenty-five children attend these groups weekly.

Another vital function of this group, is the support and guidance of parents/caregivers in assisting them to get these children enrolled in school.

Personnel involved in the groups include:

- Maria van Blerk – facilitator and counselling,
- Robyn Meissner (Occupational Therapist) – neuro developmental assessment, Anastacia Messiah (Blikkiesdorp General Assistant) - food preparation and link in the community;
- An involved-parent volunteer - assisting with educational activities
- Available HOPE Cape Town volunteers.

Another vital function of this group, is the support, guidance and empowering of parents/caregivers in assisting them in enrolling these children in school.

From the 2017 play group attendees seventeen children are currently attending school. For 2018 we have already had twenty-seven children attending the group.

School Holiday Program

The school holiday program was a natural evolution from the HOPE Playgroup. The children who in previous years attended the playgroup (and some children from the Blikkiesdorp community) arrived at our play group during school holiday times, because of the lack of entertainment for children in Blikkiesdorp.



The school children are now hosted twice a week during holidays and activities are offered to them by the HOPE personnel and volunteers. This also provides the team with the opportunity to spend quality time with these children identifying their ongoing needs and assessing their progress at school.

During the school holidays, we had seventeen sessions with school children. Between fifty and one hundred children attend each session. The sessions consist of outside play activities including competitive ball games, between a girl and a boys' team. The children receive breakfast and a midmorning snack.

School Uniform and Stationery Project

HOPE Cape Town supplies school uniforms and stationery to the children from the Playgroup when they are enrolled in school.



During this reporting period school uniform and stationery items were provided to 188 children from the community who brought their school reports and could prove that they consistently attend school.

Delft Library Play Group

The need for another school preparation playgroup has been identified in the Delft area. During October 2017 a playgroup was established at the Delft Community library that duplicates services that are provided in Blikkiesdorp at the HOPE playgroup. This group currently meets once a week and has 10 regular attendees.

Manenberg Aftercare Centre

Many children who attend the afterschool program are in need of therapy as a result of the social issues in the community – including gang violence, substance abuse and domestic violence.



Individual play therapy sessions

122 individual play therapy sessions were facilitated with 24 children during the reporting year.

Caregiver sessions

Discussions and counselling sessions took place with facilitators and caregivers to monitor ongoing cases that were previously referred to Child Welfare in an effort to focus more intensive service delivery towards children in need of better care and children whose safety are at risk.

Group Work

The social worker initiated and facilitated a variety of therapeutic groups for children with specific needs. A socializing group for boys with a lack of social skills and resulting behavioural problems was initiated and maintained over a long period. As a result of the growth and the development that these boys showed this group is now in its termination phase, they will eventually return for feedback and support sessions.

Another group that was recently started is for a group of young teenage girls who have been attending the centre since they have been in preschool. This group assists and guides them to adjust to the changes in roles and responsibilities of their teenage years.

Plans for the future include groups for young children who are affected by substance abuse and the possible creation of a sensory room, which could facilitate the management of children with sudden behavioural issues, such as meltdowns.

Delft ART Clinic

HOPE Cape Town doctors, along with an outreach doctor from Tygerberg Hospital, are involved with running the Paediatric ARV Clinic at the Delft Community Health centre (CHC). The main paediatric clinic is held every Friday – with between 25 – 30 patients seen.



Delft has approximately 210 children who are currently in care. Each clinic visit involves an evaluation of the child's health and HIV control as well as education and support for the caregiver and trying to mitigate the effects of illness on schooling and social circumstances. This year there was particular focus placed on evaluation of cognitive struggles, with the assistance of our Occupational Therapist.

An area of concern that was identified at Delft CHC, was the lack of youth friendly services and high dropout rate of these youth from care. With this in mind, Dr Ana Houston started and facilitates two different structures within the health care facility.

Youth Clubs:

These are support groups for children who need to transition from paediatric care into adult care at the clinic. The idea with these clubs is that as the participants age – they will naturally merge into the adult club system, with peers that they know well, and so minimise the anxiety related to transition in care.

Older teenagers (16-18year olds) who are stable on their medication were selected and enrolled in a youth club along the same lines as the adult adherence clubs within the clinic – the only difference being that all the members are a similar age. They are encouraged to spend time interacting with each other. It is a normal psychological stage for adolescents to receive more support from peers than from adults around them. The first club is well established and a second club for 14-16year olds was initiated. The idea with these clubs is that as the participants age – they will naturally merge into the adult club system, with peers that they know well, and so minimise the anxiety related to transition in care.

Youth Clinic

A dedicated service from 2-4pm on alternate Thursday afternoons was started. This clinic is aimed at 15 – 23 year olds – particularly those who are newly diagnosed, or are uncomfortable within the adult services. The clinic aims to be a “one-stop shop” where youth can receive

their ARV care was well as family planning. Furthermore, the aim is for there to be consistency in care – so that the youth can develop a relationship of trust with the clinician who sees them: something that is vital in youth HIV services.

Nurse Initiation and Management of AntiRetroviral Therapy (NIMART)

At the beginning of March 2017, Dr Ana Houston attended training to be accredited as a NIMART mentor. This enables Dr Houston to mentor nursing colleagues to equip them to prescribe ARVs. In the primary health clinics, the burden of HIV care is carried by the Clinical Nurse Practitioners (CNP's). In a clinic where only one CNP is authorised to prescribe ARV's, the HIV service is severely limited. NIMART authorised CNP's are allowed to treat HIV+ patients older than 15. The ideal scenario is for every CNP in the clinic to be NIMART authorised – so that an adolescent attending the Family planning clinic may also receive her ARV's at the same time.

In the second semester of 2017 Dr Houston mentored two nurses. Sister Engelbrecht (Reed Street Clinic) and Sister Jacobs (Bellville South/Kasselsvlei Clinic) both completed their NIMART training and passed their exams with flying colours. They both displayed a desire to give holistic care to their patients – that included managing HIV. At both facilities, there was previously only one CNP that was authorised to prescribe ARV's - which obviously causes difficulties when that sister is on leave or sick or retires! Now both clinics are hoping to expand their ARV service. Sr Engelbrecht will be assisting Reed Street's ARV service to cope with the ever-increasing number of people on ARV's. Sr Jacobs hopes to branch out into the antenatal care and PMTCT services to ensure that HIV+ pregnant women remain virologically suppressed and are able to give birth to happy, healthy, HIV negative babies.



Medical Elective students

This year, HOPE Dr Ana Houston and Dr Samantha Fry (KIDCRU) restructured the medical elective program. Whereas previously the elective students had spent 2 weeks with HOPE Cape Town and then 2 weeks with FAM-CRU, it was decided to merge the 4 weeks and have a cohesive program. We still collaborate closely on the program, but the aim was to produce less repetition and a more comprehensive program. To further improve the engagement of the student with the issues that they encounter – we introduced a student presentation at the end of their 4 weeks. This is an opportunity for them to reflect and for us to interact around a chosen topic!



Elective student Alexa from Guatemala studying in Chicago, USA

HOPE Cape Town hosted five elective students during this year: one from Germany, 1 from Switzerland and 3 from the USA. An elective student Facebook group has also been established in order to continue relationship with past students as well as to be a forum for future students to engage with our team.



Otis from University Geneva, Switzerland; Mara from University Aachen, Germany; Erinna from North-Western University, USA

Research

Hope Cape Town has made a donation towards Dr Lisa Frigatti's (Tygerberg Hospital Paediatric Infectious Disease consultant) research into the persistence of immunity against vaccine preventable diseases in prenatally infected HIV+ adolescents. These teenagers were vaccinated as children in accordance with the national guidelines. However due to their immunosuppression at the time of the vaccination, there is currently controversy as to whether they mount long lasting immunity against the illness – and whether an extra booster vaccination would be of any benefit.

Immunactivation

The research into the case histories of the children whose ARV's were sponsored by Hope Cape Town has progressed slowly. This research has ethical approval from the University of Stellenbosch. However many logistical and procedural struggles have slowed the progress of this research. One of the most significant struggles has been accessing of accurate and complete records from the previous decade.

Neurodevelopmental Outpatient Clinic at Tygerberg Hospital

The HOPE Cape Town doctors have been contracted as Voluntary Medical Officers in the department of Paediatrics. This allows the doctors to work as clinicians within Tygerberg hospital. Currently Dr Houston and Dr Williams alternate assistance at the Paediatric Neurodevelopment Outpatient clinic. Children born with HIV frequently have neurocognitive delays and so working at this clinic has enhanced the resources and skills that Hope Cape Town is able to offer. Furthermore, the waiting time for a child to get an appointment with the Neurodevelopmental clinic has been unacceptably long due to an increasing need and number of patients. By offering clinical services to the clinic, the aim is to reduce the waiting time for new appointments.

External lecture status at Stellenbosch University

Hope Cape Town Doctors received accreditation as external lecturers with the University of Stellenbosch for the period 1 June 2017 – 31 May 2020. This enables the doctors to have access to facilities within the medical campus. They will be called upon on an adhoc basis to provide lectures to medical students.

HOPE to Home

Retaining paediatric HIV positive patients in care in the community after being discharged from hospital remains a challenge, and initial integration of patients into their community health care facilities plays a major role in this retention. The HOPE to Home program facilitates the smooth transition between admission and reporting for care at a local community facility by preparing patients for discharge, confirming appointments (and that the appointments are kept), providing telephonic support after discharge. The most critical component is to link the family with resources in the local community.

HOPE to Home provides services for the following HIV positive paediatric patients:

- Recently started on ARV or TB treatment
- Defaulted ARV / TB therapy
- Adherence problems

- Detectable viral load

HOPE to Home offers the following services:

- Psycho-Social Support of patients and their families
- Practical Support of patients and their families
- Support of Staff members (administrative; link between patients and staff)
- Appointment confirmation system (at local community IDCs) for HIV positive children
- Patient follow-up from discharge to community by phone calls or home visits
- Facilitating first contact with local health facility after discharge
- Patient defaulter tracking

The program is run from Tygerbergs G7 Ithemba office and offers its service to all the paediatric wards. The hospital staff call on the HOPE to Home staff to counsel women about HIV, adherence as well as a number of other social problems that emerge such as child abuse and drug abuse. The Hope to Home team works in close collaboration with the social workers based at Tygerberg hospital.

During the past year, 740 women received individual counseling. A total of 4214 care packages were distributed. The team also made a total of 458 phone calls to follow up on children and mothers once they had left the hospital.

The HOPE to Home team has continuous dialogue with the hospital staff comprising of doctors, nurses, domestic staff and students. Often the staff requests the Hope to Home team to address specific subjects in a ward so that many people can benefit at the same time from the information that is relayed. Some parents feel more comfortable in a group and feel that they are not singled out for counseling. During the last year, 1034 people participated in-group educational sessions.



HOPE for Babies

The HOPE 4 Babies program focusses on HIV prevention in the maternity wards at Tygerberg Hospital. The best way to prevent HIV in children is to prevent HIV infection in mothers, and to ensure that mothers who are HIV positive start and remain on treatment.

During the last year, 4304 women received counseling and were tested for HIV by HOPE care workers Kekeletso Lebeta and Mariam Roelofse. According to the Western Cape HIV

guidelines, pregnant women should be tested for HIV at 20 weeks, 32 weeks and again during labour. This is to ensure that women who seroconvert during pregnancy are not missed and that babies born to HIV positive mothers get vital prophylactic treatment as soon as possible. The HOPE care workers test women in the labour and postnatal wards.

Mothers also receive advice on breastfeeding, contraception, vaccinations and importance of follow up at the local clinic on discharge.

The HOPE Care workers are able to offer more specialized counseling on adherence, bereavement, trauma and depression for those in need. These problems are usually highlighted during the maternity period and may place an enormous strain on the mother and her family. In the last year, 383 women were given specialised individualised counseling.

They also delivered 283 group talks and started educational talks in antenatal clinic waiting rooms. Up to 100 women are booked to see the doctor each day at Tygerberg Hospital antenatal clinic and the health care workers are able to convey a variety of messages from this vantage point.



HOPE Community Health Workers

HOPE Cape Town currently employs 25 HOPE Community Health Workers (HCHW) working in 20 low-income communities where they live.

The objective is to directly address the HIV and AIDS pandemic by providing access to education, treatment and on-going support within the existing provincial and municipal health structures in areas with high HIV burdens.

Our HOPE Community Health Workers increase the staff capacity at these facilities in respect of ancillary medical treatment and care. They act as champions for HIV counselling, testing, treatment and adherence with the focus on paediatric / adolescent patients and their families in the various departments where they perform their duties.

The role of the HCHW with regard to HIV includes:

Prevention

- Educational talks at clinics, visits to schools, distribution of condoms and pamphlets

Testing

- Pre-test and post-test counselling, as well as the rapid HIV testing

Treatment

- counselling about disclosure issues, education about how to take antiretroviral treatment (ARVs) correctly and advice about adherence to ARVs

Other major work areas of HCHWs include:

- Tuberculosis (TB)
- Child care services (incl. immunization and nutrition)
- Male circumcision
- Sexually Transmitted Infections
- Cervical screening (pap smears)
- Implementation of community development projects such as gardening projects, support groups and child development groups

Statistics for Community Health Workers Interaction for 2017 (direct contacts)

Children seen from birth to age 12	48393
Teenagers seen from 13 to age 19	26376
Adults seen	71569
HIV tests done	18943
TB tests done	16835



HCHW Training

The continual training of the Hope Community Healthcare Workers is an area of importance. The HCHW's need to be up to date on the frequent changes made to the AntiRetroViral (ARV) and TB protocols – as well as having the skill and knowledge to assist patients holistically with an ever widening field of need. During this year, the focus was on both the personal and emotional skills needed as a professional within a demanding healthcare environment as well as practical tools and knowledge. The Knowles principles of adult learning were used to guide the subject content and style of teaching:

- Adults need to be involved in the planning and evaluation of their instruction.
- Experience (including mistakes) provides the basis for the learning activities.
- Adults are most interested in learning subjects that have immediate relevance and impact to their job or personal life.
- Adult learning is problem-centred rather than content-oriented. (Kearsley, 2010)

Monthly in-house training was structured along the following themes:

- Personal and emotional skills
 - What do I value in the workplace – and how does that impact how I relate to others?
 - Journaling for personal growth and debriefing
- Basic approach to medical illnesses:
 - Identification and response to a child with a respiratory tract infection
 - Changes in Prevention of Mother to Child Transmission (PMTCT) protocol
 - Update to ARV protocols
 - What about the HIV exposed – but uninfected child? Risks and responsibilities
 - Diarrhoea – when is it dangerous in a child and what to do?
- Public health topics
 - Developmental milestones in children and the importance of play for cognitive stimulation
 - Parenting
 - WHO 90 90 90 goals to achieve the end of the HIV epidemic.
 - Infant feeding and weaning
 - Human trafficking – how to protect yourselves and your family; and how to identify a victim at clinic.

External training courses:

- People's Development Centre (the training unit of the Western Cape Department of Health) 7 week intensive counselling course.
 - 12 of the HCHW's attended this course in 2017.
 - This course is the official HIV, ARV and TB course that is recognised by the department of health. So while the subject matter was not new – it was an important time for our HCHW's to consolidate their knowledge and to learn the official procedures that are expected in the counselling in the clinics.

Other external courses that the HCHW's attended covered:

- Breastfeeding (4 day course offered by Tygerberg Hospital)
- Auntie Stella training (adolescent HIV group facilitation offered by Hope House and DoH)
- Risk of Treatment Failure groups (management of patients with raised viral loads – offered by Keth'impilo and DoH)
- The Parent Centre's 5 day Intensive "train the trainer" Parenting course

In August 2017 we had an educational outing. The aim of this outing was to learn more about democratic governance, active citizenry and engagement with parliamentary leaders. To this effect the Catholic Parliamentary Liaison office were visited and there was workshop-discussion with Father Peter-John Pearson. This was followed by an official tour of the parliamentary buildings in Cape Town. The HCHWs were introduced to some of the history as well as organisational structures within parliament. Altogether, it was a very interesting and informative day!

Adolescent Workshop and Conference

Dr Ana Houston, together with Dr Kalawe from Department of Health (Northern and Tygerberg Substructure) organised the first NTSS DoH Adolescent Workshop on 26th July 2017 at Karl Bremer Hospital Seminar room. It was well attended by clinicians and counsellors from different clinics within the substructure. Each clinic team was encouraged to examine how best they could implement youth friendly services within their current context. The workshop covered topics such as: medical aspects of adolescent care; disclosure; dealing with social issues; the school health services and teen psychology.

Dr Ana Houston was also able to represent Hope Cape Town at the first edition of the International Workshop on HIV & Adolescence: challenges and solutions in Johannesburg on the 6-7 October 2017. This was a workshop bringing together clinicians and researchers predominantly from Sub-Saharan Africa, who have experience working with adolescents who are HIV+. It was a dynamic time of networking and sharing of ideas.

Awareness Workshops

HOPE Cape Town offers short-term HIV and AIDS awareness workshops to local organisations and companies, churches, community forums and schools. This forms part of the HOPE Cape Town HIV prevention programme.

Volunteer program

The HOPE Cape Town volunteer program offers individuals from around the globe the opportunity to get in-depth first-hand experience in the various aspects of the operations within an NPO, as well as knowledge in the field of HIV and Child health related issues. They commit 3 – 12 months of their time and assist the organisation in service delivery. This year's volunteers came from South Africa, Germany, Tanzania and Nigeria.



Blikkiesdorp

Blikkiesdorp is a temporary relocation area in Delft. Most of the inhabitants have been living there for the last nine years. An estimated 12 000 people still live in Blikkiesdorp today. Blikkiesdorp has become known for its high crime rate, its substandard living conditions – up to 40 people have to share a single cold water tap and one toilet – , and its extreme weather conditions – very sandy, windy and hot in summer and extremely cold and wet in winter. HOPE Cape Town has a container village in Blikkiesdorp from which a variety of projects are hosted.

Current projects include:

- Tannie Maria se Kinnars (Educational Playgroup in Blikkiesdorp)
- Community garden
- Soup kitchen
- Nutritional workshops
- Social worker sessions
- Crafts workshops and social groups
- Outreach of a local health care facility providing family planning and well-baby clinic services
- Support for the local soccer team – Blikkiesdorp United etc.

As one of but a few sustainable community projects in this community, the Blikkiesdorp community project continues to have a positive impact on the residents' lives.

12th HOPE Gala Dresden



Since the inception of the annual HOPE Gala twelve years ago, more than €1,2million has been collected for HOPE Cape Town. This year the celebration took place on 28th October at the Kulturpalast in Dresden where 1,200 guests were entertained by distinguished international artists such as Conchita, Dresdner Philharmonie, The Celtic Tenors, Su Yeon Hilbert, Jasmin Schwiers, Sofie Thomas and Gregor Meyle to name a few. The honour of Master of Ceremony duties was shared by the highly acclaimed TV personality Andrea Ballschuh and Pianist Joja Wendt.

The event was made possible with generous sponsorships from Saxonia Systems, Process Consulting and Sparkasse and continued support by Saxoprint, SAM Production, BunteMedien, Kulturpalast Dresden, Meissen, Wolf, Ströer; Sächsische Zeitung, Top Magazin, Kampen, Diamir, Markenteam and so many more (see: <http://www.hopegala.de/partner/hauptsponsoren/>).

This event raised a total of €185,000 for HOPE Cape Town. Year after year, the Founder of the HOPE Gala, Viola Klein creates a type of magic that surpasses all expectations. When people ask her why she does this her answer is simple “Money cannot buy what really matters in this world. It’s a project of love.” Reverend Father Stefan Hippler, Chairperson of HOPE Cape Town was at the event in Dresden to receive the donation on this auspicious occasion. The next HOPE Gala will take place at the Staatsschauspiel in Dresden on 27 October 2018.

News about HOPE Cape Town Trust

During the period under review the trustees and the advisory came together for the AGM on 13 May 2017 and the full board meeting on 1 December 2017; the Executive Committee met twice during the business year.



This year the HOPE Cape Town Chairperson went to the ends of the earth to bear witness of the work of our organization. From the Africa Center of Colorado State University to the Department of Social Work at Rutgers University in New Jersey; From the Rotary Club of Somerville to the Cathedral of HOPE in Dallas; From the MS Amadea cruising through the fjords of Norway to the University of Applied Sciences in Mönchengladbach; From the office of Minister Ilse Aigner of the Free State of Bavaria to the office of Dr Aures of the Bavarian Health Department; From the Children's Hospital of the 3 Orden in Passau to a school in Bitburg, he tirelessly met with stakeholders and interested parties to share the work of HOPE Cape Town. At every engagement the message was clear, there is still much work to be done in Sub-Saharan Africa in relation to HIV/AIDS if we want to reach the UNAIDS Goal by 2030: 90% of all people living with HIV will know their status; 90% of all people with diagnosed HIV infection will receive sustained antiretroviral therapy; 90% of all people receiving antiretroviral therapy will have viral suppression.



Steffen Becker is a business consultant from Dresden. He is also a keen golfer with a handicap of 17. In 2015, Steffen attended the HOPE Gala and was captivated by the presentation of the work of HOPE Cape Town. He decided to embark on a fundraising journey of his own with a unique plan of action—to play five rounds of golf on five different continents within five days. He calculated that with sponsor-ships for each 'hit', he would be able to raise €10,000 for HOPE Cape Town.

From 9th to 14th April Steffen played at the Elbflorenz Golf Course in Dresden, Germany; the Angeles National Golf Club in Los Angeles, USA; the National Golf Club in Melbourne, Australia; the Dubai Creek Golf & Yacht Club in Abu Dhabi, Dubai; and finally at the Clovelly Country Club in Cape Town, South Africa. Many thanks for the sponsorship from the Management of the Clovelly Country Club where this huge mission was finally accomplished.

We were blessed with many visitors during 2017. On the occasion of the Ball of HOPE our beloved patron Viola Klein and Hermjo spent days with HOPE Cape Town staff and beneficiaries. In addition we were visited by old friends Thorsten Kloth, Rocco and Daniela Damm, Laura Fiebig and members of the German student corporation called “Corps Rhenania” based in Freiburg im Breisgau at the Albert-Ludwigs-University. Main prizewinners at the HOPE Gala 2016, Barbara and Peter Simchen, and Family Göbelbecker, winners at the Charity Dinner, enjoyed their holiday in Cape Town and were impressed with the work of HOPE Cape Town. Among our local visitors, we had interesting conversations with Thobile Ndarana, Manager -Global Council Zeitz Museum of Contemporary Art Africa (Zeitz MOCAA), and great fun at Blikkiesdorp with Doctor Fernando Adams and Wendy Grant and her colleagues of Nedbank Embassies to commemorate 67 minutes of service on Mandela Day



Mr Matthias Hansen, newly appointed Consul General of the Federal Republic of Germany took time out of his busy schedule to familiarize himself with the work of HOPE Cape Town since the organization has close links with other well-established institutions in Germany. “HOPE has developed a highly systematic, targeted, and comprehensive approach to the problem of HIV/AIDS in South Africa, with three specific strengths: Its work is state-of-the-art because it consistently aims at providing a direct link between scientific and grass roots work. Its work is sustainable, because over time, HOPE has contributed to developing an invaluable amount of expertise in the field of paediatric HIV/AIDS prevention and treatment. And finally, its work is embedded in a stable and productive international context through its network with European and American partners.”

We are sure that the HOPE Cape Town Trust is on the way to prepare itself for a successful future to serve, through the work of the HOPE Cape Town Association, the interest of the people living with HIV and AIDS and related illnesses in the Western Cape.

We wholeheartedly thank all the trustees and members of the advisory board, but also all supporters of the HOPE Cape Town Trust for their on-going support and dedication and encourage all to continue to do so in 2018/2019.

Last but not least and again and I do repeat myself, it is almost like a mantra:

The work of HOPE Cape Town would not be possible without the support of all our dedicated donors and sponsors, especially those who give on a monthly basis. With all my heart, I thank each and everybody who supported HOPE Cape Town in the last year – every cent counts, every helping hand is a blessing for those less fortunate, every thought, every prayer is appreciated.

Thanks also to those who have helped to network – it is amazing how one contact leads to another and at the end, one supportive phone call or introduction opens a new door and new support for HOPE Cape Town.

They are all my heroes because without them we could not do our daily work, without each of them as the ambassadors for HOPE Cape Town there would be less life, less hope, less faith into the future for the kids and the families we serve.

God bless you all

Cape Town, 12 May 2018

A handwritten signature in black ink, appearing to read 'Stefan Hippler', with a stylized, sweeping flourish at the end.

Rev Fr Stefan Hippler
Chairperson of the HOPE Cape Town Trust

2 Marketing and Fundraising

For many years HOPE Cape Town has enjoyed the generosity of mainly German philanthropists, a practice that is infinitely constrained and exclusionary. It is critical that we diversify our funding base to other countries and continents, including within our own South African borders as well as North America where we recently established our sister organization HOPE Cape Town USA. Growing our revenue base is a priority according to HOPE Cape Town's strategic development plan for the next five years as that will give rise to efficiency, growth and self-sustainability

The development and adoption of a new set of organizational policies and procedures has improved HOPE Cape Town's positioning to compete for funding available from the South African corporate sector. Fundraising continues to gain momentum with some new and exciting partnerships being identified and established. As with most non-profit organisations, our biggest disappointment has been the lack of funding made available for operational expenses. We are hopeful that with a new, innovative and more nuanced approach to conceptualizing project and financial frameworks and designs as well as the implementation of a new donor database, we shall successfully explore the most appropriate avenues for the necessary support and ultimately the regeneration of HOPE Cape Town.



Katlego Maboe is HOPE Cape Town's Brand Ambassador. Not only does he attend our public and fundraising events, this year he spent a number of days visiting the little patients in the paediatric wards at Tygerberg Hospital and at the Tygerberg Hospital School. Katlego also joined the party we held at Bounceworld for the children who attend the clinics and he participated in a photo shoot with the HOPE staff as well as a video promoting the work

of HOPE Cape Town, which was viewed on national television on World AIDS Day, 1st December 2017. The video was kindly sponsored by MySchoolCard as a celebration of the 20th year of their existence. The MySchool programme enables non-profit organisations such as HOPE Cape Town to benefit from members' purchases at selected points of sale. At a recent display of the Blikkiesdorp Outreach Project, this year HOPE Cape Town bestowed the first HOPE Hero Award to our social worker Maria van Blerk who runs a school readiness programme from a container in Blikkiesdorp. Approximately 30 children participate in this programme annually where they learn social skills as well as the basics such as numeracy, literacy and identifying shapes and colours.

Following an evaluation of the capacity within the Marketing and Fundraising Department, the organization conceptualized an action-learning programme to empower young people interested to establish a career in the non-profit sector – to engage more meaningfully in processes geared to improve challenges within the respective communities. This evolved into an internship process, launched as a pilot project in January 2018.

Internship Marketing and Fundraising

The aim of the internship was to build and strengthen the existing knowledge, skills and capacity of a temporary worker who had filled in for a staff member who had taken extended leave from office. The project was thought to be essential for building the basis for informed participation and skills to resolve current capacity challenges within the support structures of the organisation and directly linked to the objectives and anticipated outcomes of HOPE Cape Town's educational programmes.

Future plans might include HOPE Cape Town playing a specialized role in facilitating and coordinating the exposure learning opportunities as we receive requests from young graduates in the social development sector to work at HOPE Cape Town as interns in order to gain experience and apply their skills in live urban projects and programmes.

Masterpieces in Progress

Masterpieces in Progress was initially intended as an art project for the play-school children however, due to some unforeseen challenges – mainly as a lack of commitment and reneged promises from would-be facilitating institutions and students, the project evolved into an awareness campaign which culminated with an evening event on the eve of World AIDS Day which displayed the children's artwork and depicted a deeper insight into the holistic approach and methodologies of services rendered at the outreach project in Blikkiesdorp.

New Marketing Material

During the year in review the following marketing materials were produced:

- A glossy-print monthly calendar for 2018 illustrating delightful photographs of the play-school children in fantasy costumes
- Brightly coloured vehicle license disc holders and button lapel pins with the HOPE Hero
- Brochures with revised statistics from the United Nations latest research findings
- A newly branded gazebo and banners
- Quarterly newsletter
- Postcards and photoframes painted/coloured by the play-school children

Donation National Lotteries Distribution Trust Fund

There is no doubt that we will continue to look to civil society to supplement any funding we are able to raise from donor agencies and foundations within the borders of South Africa. 2017 marked the first receipt of funding from the National Lotteries Distribution Trust Fund. The funds were earmarked for the salaries of three community health workers. The NLDTF reporting criteria is stringent but beneficiaries who are compliant are almost guaranteed of continued funding that is also usually increased in terms of monetary value. Having been recently established, we will make a concerted effort to nurture this relationship with NLDTF.

3 The Back-office of HOPE Cape Town

The structure of the back office has been proved successful during the period under review, and the Donor Relations Manager, Mrs Marlene Whitehead and the Administrator & Donor Liaison Europe, Mrs Kerstin Behlau leading it and working in the interest of HOPE Cape Town. Every two weeks meetings are held to ensure optimal communication between the colleagues and to plan, to realize and to complete all the necessary tasks and duties as best as possible.

The main task of the office is to assist the two chairs in their efforts to run the two organisations which serve the same purpose: supporting children and their families and individuals living with HIV and AIDS in the Western Cape and to assist the Primary Health Care Facilities concerned with their HIV positive patients.

We are still in process to implement a new the Donor Management Software, which should increase and simplify our work a lot.

4 The Ball of HOPE 2017



Organised by the Southern African - German Chamber of Commerce and HOPE Cape Town, every year the Ball of HOPE entertains approximately 300 persons from all parts of life, politicians, diplomats, business people with a special program including a tombola, a three course meal, some info and formalities and live dance music.

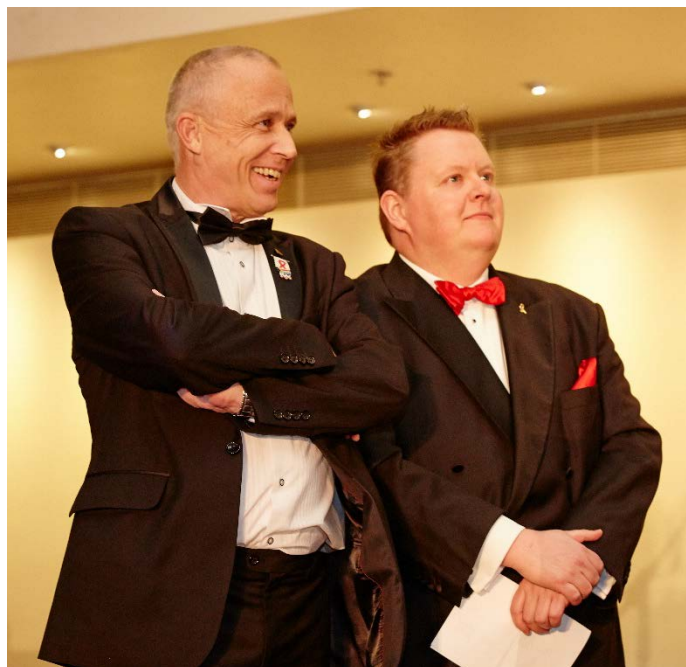
The local annual fundraising event, the Ball of HOPE was held at the Westin Hotel in the City Centre of Cape Town and as usual, honoured guests were excited to rekindle old friendships and meet new faces. This esteemed event is co-hosted and arranged in partnership with the Southern African—German Chamber of Commerce and Industry. The theme of the entertainment for this year was music from great singers who had recently crossed over from this life.

HOPE Cape Town's Goodwill Ambassador Katlego Maboe was Master of Ceremonies and delivered his own heartfelt rendition of the late George Michael song Careless Whisper. Accompanied by the angelic Holy Cross Primary School Choir and Musical Director Adolf Thelen and his talented musicians, the delighted guests thoroughly enjoyed the evening of entertainment.

The Western Cape Provincial Minister of Health, Dr Noma French Mbombo delivered the keynote address, which highlighted the relevance of the work of HOPE Cape Town. This event took place on 13th May 2017 and the Special Events Team at the Westin Hotel created an atmosphere and dining experience that our guests will never forget.

The Ball of HOPE has enjoyed increasing support from both local and international HOPE champions and has seen substantial growth since the first Ball of HOPE took place in 2001.

The date of the next Ball of HOPE has been confirmed for Saturday, 12th May 2018 and will be held at the WESTIN Hotel in Cape Town.





6 Our Partner: Freundeskreis HOPE Cape Town Rheinland-Pfalz

RAT & TAT Koblenz e. V. (translated to ADVICE & ACT Koblenz e. V.) continues to collaborate with HOPE Cape Town. During the period under review, the chairperson of the association took over new responsibilities and left RAT & TAT Koblenz e. V. The successor, Mrs Natalie Küppers, continued the partnership between HOPE Cape town and RAT & TAT Koblenz e. V.

“RAT & TAT Koblenz e. V.” provides anonymous and free support for people with or without HIV/AIDS, personally or by phone. They give advice about sexually transmitted diseases and HIV antibody testing for professionals working in areas like medicine and welfare.



RAT & TAT Koblenz e. V Team (from left: Sandra Wittbecker, Nathalie Küpper, Ingrid Egner-Gentsch, Anna Kukuk, Martin Hellwig)

7 Our Partner: The German Aids Foundation

The collaboration between HOPE Cape Town and the German AIDS-Foundation goes back to 2004 and was reinforced by the establishment of the HOPE Kapstadt Stiftung in 2007.

A regular personal exchange occurs mainly on the occasions of fundraising events, which have been used as a meeting platform, in Germany i. e. the HOPE Gala in Dresden and festive Opera Gala for the Deutsche AIDS-Stiftung in Berlin. In addition to the meetings, there are regular written and telephonically contacts between employees and decision makers.

Panel members of the German AIDS Foundation, like Family Haub and the new Federal Health Minister Jens Spahn visited HOPE in Cape Town; the same applies to employees and Board of Directors of the Foundation.

From 18 to 22 January 2018, Dr Ute Canaris/Vice-Chairwoman Board of Trustees and Dr Ulrich Heide/Executive Director of the German AIDS-Foundation visited South Africa and had the opportunity to be introduced to the work of HOPE Cape Town, especially the work of the HOPE community health workers in the communities and at Tygerberg Children's Hospital. They visited the community project in Blikkiesdorp and our partner project the Manenberg Aftercare Centre.



In addition, there was a professional exchange with Prof. Dr. Wolfgang Preiser/Head of Division of Medical Virology, Dr. Dimitri Erasmus/CEO of Tygerberg Hospital and Prof. Dr. Mark Cotton/FAM-CRU (HIV research unit) of the University of Stellenbosch. Dr. Canaris and Dr. Heide participated in a senior staff meeting of HOPE Cape Town and were very impressed by the practical work of HOPE employees in particular.

Dr. Canaris and Dr. Heide both stressed at a final evaluation meeting, that the importance of social and educational components at the work of HOPE had become much clearer to them. Because of the current situation in South Africa, the focus should not be only the medical

work it should be also the stabilisation of health of people living with HIV, which includes social and educational work as well.

Since its inception in 1987, the German AIDS Foundation in collaboration with different partners contributes substantially in social support for people living with HIV and AIDS. The long-term stabilisation of people living with HIV and AIDS is only possible through the interlocking of education, medicine and therapy and social support. Through the different conversations and discussion the visitors from Germany can confirm that this is also been seen increasingly by other activist in this field in South Africa. Both Dr. Canaris and Dr. Heide concluded at the evaluation meeting that the German AIDS Foundation would support the work of HOPE Cape Town also in the future.



8 Our Partner: Manenberg Aftercare Centre

(Rev. Fr. Wim Lindeque)

The Manenberg Aftercare Centre continues to grow and develop, thanks to the assistance and support of many benefactors, organisations and groups, including our long-time partner, HOPE Cape Town.



There has been an increase in the number of children attending the programme and there are regularly between 180 and 200 children at the centre.

The HOPE Cape Town has continued to generously provide an experienced and dedicated social worker, Maria van Blerk, to the project, creating the possibility for children with acute problems to be counselled and helped. This has become one of the most vital components offered by the Manenberg Afterschool Centre to the children of Manenberg. The importance of this work was underlined by a tragedy in October last year when one of the children who has attended the centre for the last seven years (since she was three years old) was brutally murdered. Maria had been working with the child to try and support her in her very difficult circumstances. Maria's experience, gentle and patient approach and dedication has transformed some of the most troubled clients of the centre. Families report a huge difference made by her intervention and have expressed their gratitude for her work to us.

The HOPE Cape Town has also continued to provide the services of Tasneem, the HOPE Community Healthworker in Manenberg. Tasneem, like all the staff at the centre, lives in Manenberg, so she has a real understanding of the children's circumstances and the reality they live in. She visits the centre twice a week and monitors the health of children who attend. Sometimes this involves referring children to the clinic, accompanying them there and even making home visits to support the family in caring for a child with health challenges. She also

teaches basic hygiene to the children at the centre and provides them with information about healthy living. As many of the children live with sick or elderly relative sin their home environment, she also helps children understand how they can support their sick relatives. Tasneem also assists with craft classes and is always willing to help with the wide range of activities at the Centre.

Some HOPE Cape Town volunteers have assisted at the centre for shorter periods over the last year, reading to the children, supporting the work of the Centre manager or joining in one of the structured activities. Some of these volunteers and visitors have remained in contact with the project and continue to support to it.

The HOPE Cape Town Association and Trust remains an important supporter of our work and we are immensely grateful for the way in which their generosity has enhanced and contributed what we are able to offer the children of Manenberg and the growth of this project.

9 Networking: Eine Welt Netzwerk Bayern



The One World Network of Bavaria is the regional non-profit network of action groups, institutions, fair trade shops and local one-world-networks committed to development policy and situated in Bavaria, one of the 16 federal states of Germany. All our members are engaged in one world solidarity work and are raising awareness. Therefore, we deal particularly with sustainable development, fair trade, international labour standards / corporate social responsibility and education for sustainable development.

A delegation from the Bavarian Parliament visited the Western Cape to see partner projects from NGOs in Bavaria and to meet members of the Western Cape Provincial Parliament to prepare the new action plan for the next three years. The One World Network of Bavaria, who initiated the delegation in the context of the partnership between the Western Cape and Bavaria, prepared the programme. The delegation visited HOPE Cape Town among other NGOs and institutions.



10 Networking: Western Cape Network for Community Peace and Development



The Western Cape Network for Community Peace and Development is a collectively guided independent and registered non-profit provincial umbrella organization of NGO's working in the field of conflict resolution, youth, women, community development and peace building and sport in the Western Cape. Its members share common values and so empowerment, youth development, peace building, conflict management, democracy, sustainable development, human dignity, diversity, integrity, transparency, accountability and non-discrimination became binding principles. These common values help to create conflict free and sustainable communities and provide a platform for the network to work from.

The vision of the Network is to actively promote peace and development not only in the Western Cape, but in South Africa, by contributing to the building of: "Peaceful, Empowered, and Cohesive Communities."

MISSION:

"The network ignites peace and development by amplifying the voice of communities through capacity-building and advocacy with its members"

As a Network we value:

- The fundamental importance of peaceful communities to create a healthy nation
- The inherent potential in communities to find solutions to challenges
- The potential within every individual to contribute to a peaceful society
- The potential of each network member to contribute constructively to the achievement of our vision & goals
- Conducting our practice with discipline, fairness, integrity, transparency, responsibility, accountability and care

How to achieve our Mission?

- Assist in sharing of expertise and training among members
- Developing common initiatives and organising Network events and activities
- Providing capacity-building opportunities for our members
- Enhancing operating efficiency and effectiveness
- Providing shared facilities and resources
- Advocating for and publicising members work
- Becoming a replicable model
- Building stronger relationships between civil society, academic institutions and government

More information: www.peacenetworkwc.org

11 Our Sister Trust: HOPE Kapstadt Stiftung

Their partnership exists since 2004: the German AIDS Foundation has been providing significant funding to HOPE Cape Town – whether for workshops, for staff costs, i. e. for the Outreach Facilitator and several HOPE Community Health Workers.

With the purpose to generate additional funds from German donors for the benefit of HOPE Cape Town, on 1 October 2007 the boards of both organizations established the HOPE Kapstadt Stiftung with the legal status of a trust under the roof of the German AIDS Foundation.

The trust's managing board is composed of two representatives of each of its member organizations: Prof Dr Elisabeth Pott, Dr Ulrich Heide, Stefan Hippler and Rev Fr Wim Lindeque. They meet at least once the year. For good reasons, the meetings take place on the occasion of the HOPE Gala in Dresden. The Trust HOPE Kapstadt Stiftung is the official organizer of the HOPE Gala in Dresden, initiated by Viola Klein, business woman and fundraiser by passion. Over the years, Viola Klein has established the annual event in Dresden as one of the most important events for the benefit of HOPE Cape Town.

The German AIDS Foundation very much appreciates the partnership with HOPE Cape Town, the commitment of its board and staff members and all its volunteers. The joint mission and common aim of HOPE Cape Town and German AIDS Foundation is raising hope and realizing the chance of a better future for people who would not stand a chance.

12 HOPE Cape Town USA

In a rapidly globalizing world a life-threatening health pandemic such as HIV/AIDS has no borders and can easily spread from one continent to another. The root causes of vulnerability and marginalisation are similar throughout the world and connect people in both USA and South Africa.

Established in 2016 as a 501(c)(3) non-profit organisation, HOPE Cape Town USA (HCT USA) is based in Dallas, Texas, and is a proud partner of HOPE Cape Town, a longstanding non-profit and public benefit organisation in Cape Town, South Africa.

There is great value in linking with HOPE Cape Town in South Africa as well as other national and international civil society organisations to learn and exchange best practice, expertise and create synergies in HIV/AIDS prevention and treatment among marginalised segments of populations.

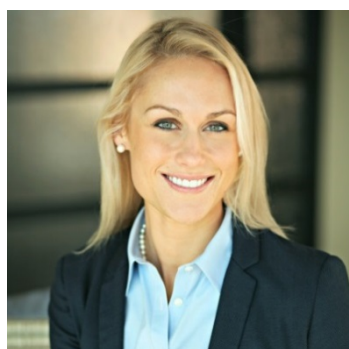
HCT USA recognises that behaviour change reducing risk of exposure to HIV/AIDS is in great part a result of change in social norms in which education plays a large role. Focusing on changing social norms and education will reduce the effects of misinformation and stigma and help create a more accepting environment, and result in an increased demand and supply for as well as access to and use of available treatment among the most vulnerable and marginalised.

Following meetings with a variety of civil society organisations in New Jersey and Dallas, those where the synergies with HOPE Cape Town were most evident – such as ethos, outputs and organizational culture, further discussions have taken place and linkages made with possibilities of establishing partnerships and/or working collegially. Although through the interaction we identified the potential to collectively create and utilize learning and participatory opportunities enabled by existing frameworks, the success will depend on enhancing the capacity and inclusive participation of all stakeholders. One such opportunity currently being explored is an elective social worker exchange programme with Rutgers University in New Jersey, Bryan’s House in Dallas and HOPE Cape Town.

HOPE Cape Town USA is committed to improving the lives of children and families affected by HIV/AIDS in the US and abroad.

HOPE Cape Town USA is a non-profit corporation based in Dallas, Texas, and is affiliated with HOPE Cape Town, a longstanding non-profit and public benefit organization based in Cape Town, South Africa.

Stacie Greskowiak McNulty



Stacie is a Director at HOPE Cape Town USA. She is an accomplished patent litigation and trial attorney in Dallas, Texas. Stacie also serves as an appointed member of the Ryan White Planning Council, which utilizes government funding to provide comprehensive HIV medical and support services to the North Texas region, and is Vice Chair of the Planning and Priorities Committee. Stacie is also involved with strategic policy and advocacy work, as a member of the Positive Justice Project's HIV Criminalization Working Group for the state of Texas, an advocacy group committed to eliminating HIV criminalization practices in Texas.

While in law school, Stacie travelled to South Africa to conduct a legal research project on access to HIV/AIDS treatment and barriers to care, and fell in love with the country. During one of her many returns, Stacie reached out to HOPE Cape Town to follow up on her prior research, and see what she may be able to learn and implement in Dallas. She was so impressed with the work of HOPE Cape Town; she made it a point to stay in touch. She was thrilled to have the opportunity to help expand the mission and reach of HOPE Cape Town in the United States.

E. Joseph Kunzmann



Professionally Joe worked his entire career in the social services field as both a psychotherapist and administrator. Joe is the former Director (ret.) of the Somerset County Board of Social Services a position he held for 15 years. Joe is the former President of the NJ Director’s Association, Family and Community Services of Somerset County, a member of both the Governors’ Task force on Homelessness and Food Security as well as many other county and state coalitions and committees.

Shirley Terpay Kunzmann, MSW



Professionally Shirley has worked in the Social Service field most of her life as both a caseworker and Social Work Specialist. She has had the opportunity to work with families facing complex medical and social issues including those caused by HIV/AIDS. In addition, Shirley spent the last 12 years of her career in the field of Adult Protective Services where she provided support and guidance to individuals and their families in need of protective services due to abuse, neglect, and/or exploitation.

Joe and Shirley have worked to establish a “States-Base” HOPE Cape Town USA with the goal of providing ongoing financial support to the efforts of HOPE in the Western Cape Region. Both Joe and Shirley along with Fr. Hippler and Ms. Stacie McNulty, are Directors of HOPE Cape Town USA.

Auntjuan Wiley



Elder Auntjuan M. Wiley, a Magna Cum Laude graduate of the University of Texas at Austin with a Bachelor’s Degree in Social Work and a minor in Psychology and also a graduate of Walden University with a Master’s Degree in Public Health. Native of Dallas, Texas, Auntjuan has been a part of the fight against HIV/AIDS and other STD’s for over 25 years and since that time he has made it his responsibility and mission to be that voice for those infected and affected. He has done that in many different arenas locally, nationally and internationally through education, prevention, advocacy, training and outreach. In communities, here and abroad, he is best known; not only for his uniqueness, but for his passion and commitment to making a difference in the lives of others.

Auntjuan is President and CEO of AIDS Walk South Dallas, Inc., an organization he founded in 2009 whose mission is to empower persons infected and affected by HIV/AIDS with an emphasis on African-American MSM’s (Men Who Have Sex with Men) through prevention, advocacy, education, peer support and emergency financial assistance which includes an annual 5k walk he has successfully produced and Chaired for the last 5 years.

Auntjuan serves as Board President of Ugieki Foundation, Board Member of The Afiya Center, Board Member of C.U.R.E. Community Unity Respect Education and a Board Member of Hope Cape Town USA and a member of Parkland Health and Hospital Systems HIV/AIDS Consumer Advisory Board. Auntjuan is a current member of the Ryan White Planning Council of North Texas, Vice-Chair of the Consumer Council Committee.

His philosophy is the, work is not over “UNTIL THERE’S A CURE”.

13 Support of other Organisations and Initiatives

Tygerberg Hospital School

Once again, this year the HOPE Cape Town Trust received dedicated funding from Goetheanum, General Anthroposophical Society to support the Tygerberg Hospital School for another year with funding for a Xhosa Teacher. Since January 2015, the Xhosa speaking teacher works with the isiXhosa learners at the school and in the wards.

Tygerberg Hospital School is a school inside the Tygerberg Hospital. The learners are the patients of the Tygerberg Hospital.

When learners are admitted to hospital, they miss a lot of teaching. Some learners have already been in the hospital for long periods that they need intensive remedial education. Many of the learners will be in bed for long periods without any stimulation. There are often children as old as 12 who have never attended school. Tygerberg Hospital School (THS) wants the best possible education for each child in the country. THS is thus very fortunate to accommodate the learners, give them hope for the future, and effect a difference in their lives. THS teaches the learners on their level and builds their confidence and academic career. THS teaches all the learners and does not discriminate according to gender, language, grade, race or illness.

THS also tries to bridge the gap between their school at home and while they are in the hospital.

It has always been a great need at the school to employ a Xhosa teacher. For the last two years we had Khosi Jelwana with us – thanks to the generous sponsorship. She is a teacher in heart and soul and we cannot imagine our service to the children without her. The need here is not only at the school but also in the wards. Mother tongue teaching is a passion of ours. We know from research that the best results stem from mother tongue teaching. Not only do we look at the outcome of the child's academic progress, but also at the emotional status of a child in the hospital. You cannot separate the two and it works to the benefit of the health of a child.

Since she has started here, Khosi has made a huge difference to parents and children. We, the non-Xhosa speaking teachers learn so much about the Xhosa culture and how to go about with the parents and learners.

HOPE Cape Town also supports the Tygerberg Hospital School with volunteers, support for events, clothing, books, toiletries, computers etc.

Khosi's warm personality draws people to her and the learners trust her immediately. Her sense of humour is also a breath of fresh air where sadness is part of the daily routine. She is not only an amazing teacher; she also gives a lot of herself to the learners. Since Khosi started here in January 2015, she has taught 301 learners. This is remarkable and it shows the need of the learners, school, hospital and the parents.

Khosi's experience in working with HIV/AIDS patients is a big benefit to THS; she has educated her colleagues in many ways around the above. Her insight in the sick learners' needs is noticeable.



14 HOPE Cape Town Board of Trustees 2017/18

A Trust is also about people – HOPE Cape Town included. The HOPE Cape Town Trust brings together individuals from diverse backgrounds to provide guidance for the organisation. We are honoured to gather wide-ranging expertise and to benefit from specialised knowledge. The focus of the Trustees on the long-term vision and stability of HOPE Cape Town is important for achieving our objectives and enabling us to continue to evolve in response to the HIV and AIDS situation and the national ARV rollout in South Africa – treatment is prevention.



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15 HOPE Cape Town Trust Advisory Board

Within the Trust we make a place for exceptional individuals who have made outstanding contributions to HOPE Cape Town.



Since 2008, Hardy Fiebig, former athlete and CEO of the company “Allstar Production Group”, joined the HOPE Cape Town Trust team as special advisor. We are very pleased to have Hardy Fiebig on board and highly appreciate his valuable input so far.



In 2015 Mr Joe Kunzmann joined the Advisory Board and represents with the support of his wife Shirley HOPE Cape Town in the USA.



2011 Mrs Anja Tambusso-Ferraz also joined the advisory board – she is involved since years with HOPE Cape Town as the main organiser of the Ball of HOPE in Cape Town.

16 Sponsorship and Donation “in the reporting year”

Every cent counts and we thank all sponsors and donors and apologies if we forgot somebody to mention. We appreciate everybody who notifies us after making a donation via EFT, transfer or our website, so that we ensure the issuing of a tax deductible receipt in South Africa or in Germany as well as including the name in this paragraph. We especially also thank all those sponsors and donors who want to remain anonymous.

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